

# HOUSTON PARKS AND RECREATION DEPARTMENT

VOL. 14 - ISSUE 3 DEC 1, 2019 - MARCH 31, 2020 | HOUSTON PARKS AND RECREATION DEPARTMENT WINTER / SPRING ACTIVITIES GUIDE & CLASS CATALOG



## inside

**AFTER SCHOOL MEAL PROGRAM**  
YOUTH - AGES 1 TO 18  
GET A FREE MEAL AND SNACK  
SEPT. 3, 2019 - MAY 22, 2020  
NO REGISTRATION REQUIRED  
OVER 75 SITES ACROSS HOUSTON



**REGISTER FOR PARK'S  
AFTER SCHOOL ENRICHMENT PROGRAM!**  
ENJOY SPORTS, CRAFTS, FIELD TRIPS  
AND MUCH MORE !



# Summer Food Service Program

## Programa de Alimentos Durante el Verano

September 3, 2019 - May 22, 2020

3 de Septiembre del 2019 - 22 de Mayo del 2020

### Friends, Fun and Free Food

**Hey, Parents  
and Guardians!**

**FREE** meals are available for children ages 1-18 who participate in programming at HPARD community centers. No registration is required.

In more than **200** operating sites Lunch served between  
11:00 a.m. - 1:00 p.m.  
Snack served between  
3:00 p.m. - 4:00 p.m.

*Children must consume  
meals on site*



### Amigos, Diversión y Comida Gratis

**Hola, padres  
y Guardianes!**

Alimentos **GRATIS** para niños y niñas de 1 a 18 años. No es necesario registrarse.

En más de **200** sitios operativos, el Almuerzo se sirve entre las 11:00 a.m. - 1:00 p.m.  
Refrigerio se sirve entre las las 3:00 p.m. - 4:00 p.m.

*Los niños deben consumir los  
alimentos en el sitio*

## Information / Información (713) 676-6832

Sponsored by: Houston Parks and Recreation Department



A CAPRA Accredited Agency

Sponsored by Houston Parks and Recreation Department. This program is administered by the Texas Department of Agriculture Food and Nutrition Division. In accordance with federal law and USDA Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Patrocinado por el Departamento de Parques y Recreación de Houston. El programa es administrado por el Departamento de Agricultura de Texas División de Alimentos y Nutrición. De acuerdo con la Ley Federal y los reglamentos del Departamento de Agricultura de E.U., no se permite la discriminación basada en la raza, el color de la piel, el país de origen, el sexo, la edad o la discapacidad.



# LAKE HOUSTON WILDERNESS

25840 FM 1485, NEW CANEY, TX 77357 | 832-395-7690

Gateway  
to Nature



Rent a fully furnished lakeside cabin  
for your next family camping trip!

Reservation, prices & information: 832-395-7690 | [www.houstonparks.org](http://www.houstonparks.org)



houston  
**PARKS**  
& recreation  
department  
[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency





**T**he Houston Parks and Recreation Department is happy to provide you with the Winter/Spring Activities Guide and Class Catalog. This guide is designed to help you find ways to keep active and fit in Houston parks.

Inside you'll find information and locations for playgrounds; spraygrounds; tennis courts, golf courses, trails for walking, hiking or biking and so much more! The parks department also manages and operates **60** community centers and one multi-service center dedicated to adaptive recreation. Each center offers programs and activities to promote an active lifestyle for all. Staying fit and healthy is in everyone's best interest, to say nothing of being fun!

If camping is your thing, or if you love a walk in the woods, visit Lake Houston Wilderness Park. This **5,000-acre** park is a just few miles north of the city. It offers a broad range of options, with wooded paths and creeks to canoe in, rustic camping sites and beautiful rental cabins, and an excellent nature center, with a variety of learning experiences for young and old alike.

We hope you will take a moment to browse the pages of our Winter/Spring Guide and Class Catalog. I invite you to take full advantage of the programs and resources available to you in your neighborhood park.

Steve Wright, Director  
Houston Parks and Recreation Department





# MISSION STATEMENT

*To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community.*



## CONTENTS

Director's Message	1
HPARD Mission Statement	2
HPARD Park Rules and Regulations	2
Youth Programs	3
Youth Tennis	7
Skateparks / Disc Golf	9
Adult Sports Leagues	11
North Wayside Sports & Recreation Center	13
Fitness Centers	15
Community Center Weight Rooms / Gyms / Basketball	17
Aerobic Classes / Adult Fitness Classes	20
Adult Walking Clubs	25
Park Trails	27
Senior Programs	30
Adaptive Sports and Recreation	36
Water Spraygrounds	39
Lake Houston Wilderness Park	41
Tennis Centers / Tennis Courts	46
Golf Courses	50
Park Volunteers / Park Adoptions	53
Permits and Reservation	56
Dog Parks	57
Gardens	60
Community Center Listing	61
Phone Numbers	64

## PARK RULES AND REGULATIONS

- Park hours of operation for all city parks are 6:00 am to 11:00 pm unless otherwise posted.
- Glass bottles and glass containers are prohibited.
- Camping in City parks is prohibited except at Lake Houston Wilderness Park where fee based camping is permitted by reservation only. Walk-ins are welcome pending site availability.
- No motorized vehicles may be driven on turf areas.
- Riding or driving animals over or through the park, except along designated bridle paths is prohibited.
- Molesting, injuring, etc., animals, fowl or fish is prohibited.
- Erecting structures, bill posting, etc. is prohibited.
- Walking, sitting or standing on any border or flower bed is prohibited.
- No hunting or use of firearms is permitted in city parks.
- Fishing is not permitted. Exceptions are children 12 and under and senior citizens 65 and older and at Lake Houston Wilderness Park with appropriate Texas State Fishing License.
- Alcoholic beverages are prohibited in City parks with posted signage.
- All animals must be on a leash and under the direct control of its owner.
- Owners must pick up after their dogs. City of Houston Code of Ordinances Sec 6-24.
- Picnic areas are on a first come, first serve basis unless the area has been permitted. It is recommended that park patrons obtain permits to secure a picnic area for a special activity.
- The selling of food, drink or any other commodity on park property is prohibited.
- Littering is prohibited. Please take care to dispose of your litter. Keep our greenspaces clean.

For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

### HPARD ACTIVITIES IN THE PARK PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers or download a copy at [www.houstonparks.org](http://www.houstonparks.org).

- **2020 Summer Activities in the Park - April 1, 2020**
- **2020 Fall Activities in the Park - August 1, 2020**
- **2020-2021 Winter/Spring Activities in the Park - December 1, 2020**



**HOUSTON PARKS AND RECREATION DEPARTMENT**  
2999 South Wayside | Houston, TX 77023 | (832) 395-7000  
[askparks@houston.tx.gov](mailto:askparks@houston.tx.gov) | [www.houstonparks.org](http://www.houstonparks.org)

To report the need for repairs in a park or at a park facility please contact the City of Houston non-emergency Help and Info Line by dialing 311 or (713) 837-0311

You may also submit a service request your request online by visiting <https://www.houstontx.gov/311/>





# YOUTH PROGRAMS

## After School Enrichment Program (AEP)

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations, and a variety of FREE activities at community centers across the city.

This program is open to youth ages 6-13. Register at a community center near you.

<b>Ages:</b>	6 - 13
<b>Registration:</b>	Aug 1 - Ongoing During Community Center Hours
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Jan 2 - May 8, 2020
<b>Times:</b>	3:00 pm – 6:00 pm
<b>Locations:</b>	All community centers
<b>Information:</b>	(832) 395-7131

## Instructional Sports Play

As part of HPARD's After School Enrichment Program (AEP), youth ages 6-13 will learn the fundamentals of a variety of sports this fall through Instructional Sports Play.

This program is FREE to youth enrolled in HPARD's After School Enrichment Program.

Sports programming includes instruction and scrimmage play in a variety of sports including Basketball, Soccer, Volleyball, and Flag Football (equipment provided). Contact your After School Enrichment Program site for the Instructional Sports Play schedule this fall.

<b>Ages:</b>	6 - 13
<b>Registration:</b>	Aug 1 - Ongoing
<b>Program Dates:</b>	Jan 2 - May 18, 2020
<b>Fee:</b>	FREE
<b>Information:</b>	(832) 395-7131   (832) 395-7294

SITES		
Candlelight	M, W, & F	10:00 am - 12:00 pm
Cherryhurst	M, W, & F	10:00 am - 2:00 pm
Kendall	T - Th	10:00 am - 12:00 pm

## After School Meal Program (ASMP)

Get a FREE nutritious meal and snack at more than 75 A.S.M.P. Provider Sites in the Houston/Harris County area. This program is open to youth ages 1 to 18. It provides a FREE nutritious meal and snack during the week. Meals are served Monday through Friday from 3:00 pm to 6:00 pm at participating A.S.M.P. sites.

Join the increasing number of families and children participating in the After School Meal program.

No registration is required. To locate a site near you, dial 2-1-1, and the operator will provide you with a site in your zip code area.

<b>Ages:</b>	1 - 18
<b>Registration:</b>	Not Required
<b>Program Dates:</b>	Sept 4, 2019 - May 24, 2020
<b>Time:</b>	3:00 pm - 6:00 pm
<b>Fee:</b>	FREE
<b>Information:</b>	713-676-6832 / 211

## Tiny Tots Program

Parents are invited to participate in this program for youth ages four and under. This parent/child program includes fitness activities, arts and crafts and social games.

Parents and/or guardians must accompany the child at all times.

<b>Ages:</b>	4 and under
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Ongoing
<b>Time:</b>	Varies
<b>Fee:</b>	FREE
<b>Information:</b>	Contact Community Center

SITES		
Cherryhurst	M, W, & F	10:00 am - 2:00 pm
Milroy	M & Th	10:00 am - 12:00 pm
Proctor Plaza	W & F	10:00 am - 1:00 pm
River Oaks	Th	11:00 am - 12:00 pm
Woodland	T & W	10:30 am - 11:30 pm
Woodland	F	11:00 am - 12:00 pm







Athletes Seeking Knowledge (ASK) provides scholarships and other resources to assist young people in the pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the ASK Program every year.

Since 2000, over \$300,000 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of ASK activities are planned throughout the year. Activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your local community center for upcoming A.S.K. program activities.

<b>Ages:</b>	13 - 18
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year-round
<b>Fee:</b>	FREE
<b>Locations:</b>	All community centers
<b>Information:</b>	(832) 395-7275



Houston Teens Outside With Nature is a year-round program for teens, ages 14-18. Participants

will be provided with opportunities to build confidence and self-esteem through mentoring, HPARD programming, and special events.

The program offers participants with activities and events including community/volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports, and special events.

<b>Ages:</b>	14 - 18 (Boys and Girls)
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year-round
<b>Fee:</b>	FREE
<b>Information:</b>	(832) 395-7131





# HOUSTON PARKS AND RECREATION DEPARTMENT



## IN PARTNERSHIP WITH MINUTE MAID GRAND SLAM FOR YOUTH BASEBALL

REGISTRATION IS UNDERWAY FOR AMERICA'S  
FAVORITE PASTIME!

Boys and Girls Ages 4 - 18 | No experience necessary  
3018 Emancipation Ave. 77004 832-395-7400



THE ASTROS  
FOUNDATION



houston  
**PARKS**  
& recreation  
department  
[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency



**Minute Maid Grand Slam for Youth Baseball**

Minute Maid Grand Slam For Youth Baseball is a community outreach partnership of the Houston Astros, the Astros Foundation, and Minute Maid. They provide the team shirts, baseball caps, and baseball supplies for league and instructional play at Houston city-owned ballfields. HPARD staff organizes and oversees league play or instructional play opportunities at select park locations based on the number of youth registered.

<b>Ages:</b>	4 – 18
<b>Registration:</b>	Jan 2 - Feb 14, 2020
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Feb 24 - Apr 4, 2020
<b>Times:</b>	Weekday Evenings & Saturdays
<b>Locations:</b>	HPARD Community Centers
<b>Information:</b>	(832) 395-7261
<b>Parents:</b> Volunteer coaches are needed. Training is provided. Please complete Volunteer Application at your closest Community Center.	

**2020 Jr. RBI Baseball Program**

Continue Baseball League Play at 5 HPARD sites starting April 16. Contact your nearest community center to learn more about the Houston Astros Jr. RBI program. Age Division: 6U, 8U, 10U, and 12U

<b>Target JR RBI League sites:</b>	
<b>Clark</b>	9718 Clark, 77076
<b>Finnigan</b>	4900 Providence, 77020
<b>Garden Villas</b>	6720 S. Haywood, 77061
<b>Lincoln</b>	979 Grenshaw, 77088
<b>Montie Beach</b>	915 Northwood, 77009
<b>Online registration required via Activenet:</b> <a href="https://apm.activecommunities.com/houstonparks/Home">https://apm.activecommunities.com/houstonparks/Home</a>	
<b>Early Bird Registration</b> - \$3.00 per player April 16 through Feb 29, 2020	
<b>Regular Registration</b> - \$5.00 per player March 1 through March 21, 2020	
<b>League Dates:</b> April 18 - May 16, 2020	

**NORTHEAST**

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM495L)	1422 Ledwick, 77029	(713) 674-2401
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(832) 395-7645
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454Y)	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	3200 Russell, 77026	(713) 674-2355

**NORTHWEST**

Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Ind. Heights (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Grenshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

**SOUTHWEST**

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8130
Godwin (KM 531U)	5101 Rutherglen, 77096	(713) 726-7114
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Bellfort, 77051	(832) 395-7686
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

**SOUTHEAST**

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 73-4581
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
De Zavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Edgewood (KM 534X)	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200







# YOUTH TENNIS

The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc.- NJTL.

The program is designed to provide children with developmental skills, the fundamentals of the game of tennis and educational components that develop life skills. NJTL uses the ROGY—Red, Orange, Green, Yellow—progression in tennis classes. Equipment is available for use during class.

Ages:	6 - 18
Registration:	Online or On Site First Day of Class
Fees:	FREE
Winter:	January 21 – March 12, 2020
Spring:	March 32 – May 14, 2020
Information:	(832) 395-7561

Age	Class	Description	Time
6 - 10	Junior Development 1	Beginners	4:15 pm - 5:15 pm
8 - 18	Junior Development 2	Beginners/Advanced Beginners	5:15 pm - 6:15 pm
8 - 18	Junior Development 3*	Intermediates (must pass skills test)	6:15 pm - 7:15 pm
6 - 18	Home School Program +	Morning Tennis Class at Highland, Lee LeClear & Memorial Park	See times below

\* JD3/Intermediate classes offered only at sites marked with asterisk

+ Morning Tennis Class for Home School Students offered at:  
Highland Wed & Fri 9:00-10:00 am for ages 6-10, 10:00-11:00 am for ages 11-18 & Intermediates  
Lee LeClear Tues & Thurs 10:00-11:00 a.m. for ages 6-10, 11:00 a.m.-12:00 p.m. for ages 11-18 & Intermediates  
Memorial Park Tues & Thurs 12:00-1:00 p.m. for ages 6-10, 1:00-2:00 p.m. for ages 11-18 & Intermediates

^ Indicates variation in class time at Lee LeClear in afternoons. Tues & Thurs 4:00-5:00 pm for JD1 (ages 6-10, 5:00-6:00 pm for JD2 (ages 10-18), 6:00-7:00 pm for JD3/Intermediates





WINTER SCHEDULE JANUARY 21 - MARCH 12, 2020

CENTRAL			
Cherryhurst (KM 492V) *	T & Th	1700 Missouri, 77006	(713) 284-1992
Jaycee (KM 452W) *	T & Th	1300 Seamist, 77008	(832) 395-7561
Memorial Park (KM 492F)+	T & Th	1500 Memorial Loop Dr, 77007	(832) 395-7561
EAST			
Finnigan (KM 494G)	M & W	4900 Providence, 77020	(713) 678-7385
WEST			
Bendwood (KM 489H) *	M & W	12700 Kimberley, 77024	(832) 395-7561
NORTH			
Melrose (KM 413T)	M & W	1001 Canino, 77076	(281) 447-0514
NORTHWEST			
Highland (KM 451D) +	W & F	3316 DeSoto, 77091	(713) 956-9137
RL & Cora Johnson (KM 450A) *	M & W	9920 Porto Rico, 77041	(713) 895-6141
SOUTH			
Sunnyside (KM 533X) *	T & Th	3502 Bellfort, 77051	(832) 395-7586
SOUTHEAST			
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST			
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Lee LeClear (KM 530 P) ^ * +	T & Th	9506 S Gessner, 77074	(832) 395-7561
Westwood (KM 532S)	M & W	4045 Lemac, 77025	(832) 395-7561

SPRING SCHEDULE MARCH 23 - MAY 14, 2020

CENTRAL			
Cherryhurst (KM 492V) *	T & Th	1700 Missouri, 77006	(713) 284-1992
Memorial Park (KM 492F)+	T & Th	1500 Memorial Loop Dr, 77007	(832) 395-7561
EAST			
Finnigan (KM 494G)	M & W	4900 Providence, 77020	(713) 678-7385
WEST			
Nottingham (KM 489E) *	M & W	14205 Kimberley, 77079	(832) 395-7561
NORTH			
Melrose (KM 413T)	M & W	1001 Canino, 77076	(281) 447-0514
NORTHWEST			
Highland (KM 451D) +	W & F	3316 DeSoto, 77091	(713) 269-9986
RL & Cora Johnson (KM 450A) *	M & W	9920 Porto Rico, 77041	(713) 895-6141
SOUTH			
Sunnyside (KM 533X) *	T & Th	3502 Bellfort, 77051	(832) 395-7686
SOUTHEAST			
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343
SOUTHWEST			
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130
Briarmeadow (KM 490Z)	T & Th	7703 Richmond, 77063	(832) 395-7561
Lee LeClear (KM 530P) ^ * +	T & Th	9506 S Gessner, 77074	(832) 395-7561
Westwood (KM 532S)	M & W	4045 Lemac, 77025	(832) 395-7561

\* JD3/Intermediate classes offered only at sites marked with asterisk.

+ Morning Tennis Class for Home School Students offered at:  
Highland Wed & Fri 9:00-10:00 am for ages 6-10, 10:00-11:00 am for ages 11-18 & Intermediates  
Lee LeClear Tues & Thurs 10:00-11:00 a.m. for ages 6-10, 11:00 a.m.-12:00 p.m. for ages 11-18 & Intermediates.  
Memorial Park Tues & Thurs 12:00-1:00 p.m. for ages 6-10, 1:00-2:00 p.m. for ages 11-18 & Intermediates.

^ Indicates variation in class time at Lee LeClear in afternoons. Tues & Thurs 4:00-5:00 pm for JD1 (ages 6-10, 5:00-6:00 pm for JD2 (ages 10-18), 6:00-7:00 pm for JD3/Intermediates.



# SKATE PARKS



Lee & Joe Jamail Skatepark

## Eastwood Skatepark 5020 Harrisburg (KM 494T)

Eastwood Skatepark is a 4,928 sq. foot facility measuring 88' X 56'. Components include a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

## Joe and Theresa Padilla Skatepark 6200 Lyons (KM 494H)

The Joe and Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

## Watonga Skatepark 4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 sq. foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half-pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box, and a bank ramp with kicker.

## Burnett-Bayland 6026 Chimney Rock (KM 531B)

The Station at Burnett-Bayland Park was opened to the public in March 2018. The design for the 17,500 sq. foot in-ground skatepark includes a volcano, bowl, upper decks, grind ledges, stairs and handrails, flat bars, various banks, a quarter pipe and multiple steel pipes. A group of neighborhood youth helped plan the skatepark.

## Clinton Skatepark 200 Mississippi (KM 495U)

This 12,070 sq. foot facility measures 142' X 85'. Components include half-pipes, roll-in, bank ramp, quarter pipes, half-pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grind box (kinked).

## Dylan Duncan Skatepark 3950 Rustic Woods (KM 297X)

This 5,402 sq. foot facility measures 73' X 74'. Components include a mini half-pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain, and a bike rack in the shape of a skateboarder.

## Lee and Joe Jamail Skatepark 103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nation's best venues for this fast-growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin, or to learn how to stay balanced!

<b>Ages:</b>	6 - Up
<b>Fees:</b>	FREE
<b>Location:</b>	103 Sabine Street, 77007
<b>Information:</b>	(713) 222-5500





# SKATEPARKS / DISC GOLF

Disc golf is an inexpensive, healthful outdoor activity the entire family can enjoy. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. Courses may be used on a "first-come first served" basis. No exclusive use. Alcohol Prohibited.



MacGregor Park

**Agnes Moffitt Park  
10845 Hammerly (KM 449R)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

**Mason Park 541 South 75th St.(KM 535A)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

**MacGregor Park 525 Calhoun (KM 489E)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver

**Milby Park 2001 Central (KM 535G)**

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher

**T.C. Jester Park  
4201 T.C. Jester West (KM 451M)**

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver



# ADULT SPORTS LEAGUES

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check [www.houstonparks.org](http://www.houstonparks.org) for more adult sports opportunities.

## Adult Softball Spring I

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Men's D/E, Co-ed D and Seniors
<b>Registration Dates:</b>	Feb 3 - Feb 14, 2020
<b>Fee:</b>	\$346.99 Per Team
<b>ASA Fee:</b>	\$30.00 Per Calendar Year
<b>League Dates:</b>	March 2 - April 24, 2020
<b>League Format:</b>	5-Week Doubleheader (10 games total)
<b>Days:</b>	Monday - Friday
<b>Time:</b>	6:30 pm - 10:30 pm
<b>Information:</b>	(832) 395-7130



## Adult Softball Spring 2

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Men's D/E, Co-ed D & Seniors
<b>Registration Dates:</b>	March 30 - April 10, 2020
<b>Fee:</b>	\$346.99 Per Team
<b>ASA Fee:</b>	\$30.00 Per Calendar Year
<b>League Dates:</b>	April 27 - June 19, 2020
<b>League Format:</b>	5-Week Doubleheader (10 games total)
<b>Days:</b>	Monday - Friday
<b>Time:</b>	6:30 pm - 10:30 pm
<b>Information:</b>	(832) 395-7130

## Adult Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Co-ed Open
<b>Registration Dates:</b>	Feb 3 - Feb 14, 2020
<b>Fee:</b>	\$379.30 Per Team
<b>TAAFFee:</b>	\$10.00 Per Calendar Year
<b>League Dates:</b>	March 2 - April 24, 2020
<b>League Format:</b>	5-Week Doubleheader (10 games total)
<b>Days:</b>	Tuesday
<b>Time:</b>	6:30 p.m. - 9:30 p.m.
<b>Information:</b>	(832) 395-7130



Adult Kickball Spring I

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Co-ed D
<b>Registration Dates:</b>	Feb 3 - Feb 14, 2020
<b>Fee:</b>	\$210.13 per team
<b>League Dates:</b>	March 2 - April 24, 2020
<b>League Format:</b>	5-Wk Doubleheader Season (10 games total)
<b>Days:</b>	Mon, Wed, and Thurs
<b>Time:</b>	6:30 pm - 9:30 pm
<b>Information:</b>	(832) 395-7130

Adult Kickball Spring II

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Co-ed D
<b>Registration Dates:</b>	March 30 - April 10, 2020
<b>Fee:</b>	\$210.13 per team
<b>League Dates:</b>	April 27 - June 19, 2020
<b>League Format:</b>	5-Wk Doubleheader Season (10 games total)
<b>Days:</b>	Monday & Wednesday
<b>Time:</b>	6:30 pm – 10:30 pm
<b>Information:</b>	(832) 395-7130

Adult Spring Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at [www.houstonparks.org](http://www.houstonparks.org). A fee is required.

<b>Ages:</b>	18 - Older
<b>Divisions:</b>	Men's
<b>Registration Dates:</b>	Feb 3 - Feb 14, 2020
<b>Fee:</b>	\$355 per team
<b>League Dates:</b>	March 2 - April 24, 2020
<b>League Format:</b>	10 - Week Single
<b>Days:</b>	Tuesday and Thursday
<b>Time:</b>	6:30 pm - 10:30 pm
<b>Information:</b>	(832) 395-7130

Locations:		
Memorial Park (KM492K)	6501 Memorial Drive, 77007	Fall
T.C. Jester Park (KM 451M)	4201 TC Jester, West, 77018	Fall
J Robinson, Jr (KM 533B)	2020 Hermann, 77004	Fall & Winter
Townwood (KM 572P)	3403 Simsbrook, 77045	Fall & Winter





# NORTH WAYSIDE SPORTS & RECREATION CENTER

9551 N. Wayside Drive | Houston, TX 77028 | Phone: 713.633.0281 | Email: louis.moore@houston.tx.gov  
Hours of Operation | Monday - Thursday: 8:00 am - 8:00 pm | Friday: 9:00 am - 6:00 pm



## The North Wayside Sports and Recreation Center

The North Wayside Sports and Recreation Center (NWRC) is a multi-sport and activity center dedicated to enhancing recreation and sport activities for all ages and abilities. The 35,000 square foot sports and recreation facility includes the following amenities: gymnasium, group fitness studio, meeting room, toddler movement room, swimming pool, locker rooms with showers, youth softball field, multi-use field, and an outdoor walking track.

The center offers programs like: Silver Sneakers, full-body circuit training, hiphopaerobics, adult water fitness, circuit training, Zumba fitness, Zumba gold, interval fitness training, summer youth learn to swim classes, men's open basketball league, soccer for success, adult 8 v 8 soccer league, and open basketball play. Visit <https://apm.activecommunities.com/houstonparks/Home> to register online.

If you are looking for a meeting room or ballfield for an event, be it a family reunion, meeting, or sports tournament, you might consider renting space at a sports and recreation center. Amernities area available for rental by contacting the Sports and Recreation Center or can be made online. Rental reservation forms must be completed and payments must be received in HPARD's Permits Office the earlier of 10 days after the rental reservation is completed or at least 7 days before the scheduled event date. This includes concessionaires, HPARD co-sponsored events, etc.

If security is required, community center rental reservation forms and payment must be received in the Permits Office a minimum of 14 days prior to the scheduled event, which includes private functions, birthday parties, showers, weddings, family reunions, family gatherings, meetings, special events, etc.

Registration:	<a href="https://apm.activecommunities.com/houstonparks/Home">https://apm.activecommunities.com/houstonparks/Home</a>
Fee:	FREE
Program Dates:	Year round
Hours:	8:00 am - 8:00 pm, M-Th
	9:00 am - 6:00 pm, F
Location:	9551 N. Wayside Drive, 77028
Information:	(713) 633-0281   <a href="mailto:louis.moore@houston.tx.gov">louis.moore@houston.tx.gov</a>

### Ongoing Fitness and Sports Programs:

Silver Sneakers	M, T, & Th	8:00 am - 11:30 am
Movement Skills for Kids	T & Th	9:15 am - 9:45 am
Soccer for Success	M & W	6:30 pm - 8:00 pm
Full Body Circuit Training	M & W	9:00 am - 10:00 am
Motown Aerobics	M & W	10:00 am - 11:00 am
Zumba Gold	W	4:30 pm - 5:30 pm
Hip-Hop Aerobics	W	6:00 pm - 7:00 pm
H.I.I.T. Circuit Training	F	9:00 am - 10:00 am

# HOUSTON'S BEST GOLF VALUE



houston  
**PARKS**  
& recreation  
department

[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency



Sharpstown Park Golf Course  
6600 Harbor Town  
(713) 988-2099



Gus Wortham Park Golf Course  
7000 Capitol  
(713) 928-4260



Hermann Park Golf Course  
8201 John Ralston Road  
(281) 458-1350



Memorial Park Golf Course  
1001 East Memorial Loop Drive  
(713) 862-4033



# FITNESS CENTERS

HPARD's six Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information. Please print and bring your membership card and/or receipt to each daily visit.

*\*Minors (anyone 13 - 17 years old and younger) MUST BE accompanied by an adult or guardian. \*\* Must Have Valid I.D. for visitors 18 and up at all fitness centers. Centers are closed from 2:00 pm - 3:00 pm for cleaning. Effective January 1, 2018, Early Morning Workout Membership payments (by credit card only) can be made online through <https://apm.activecommunities.com/houstonparks/Home>; refunds for cancellations will be returned to credit card on file, minus a 5% ActiveNet Administration fee.*



## Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests. \*Minors (anyone 14 - 17 years old and younger) MUST BE accompanied by an adult or guardian.

Effective January 1, 2018, Early Morning Workout Membership payments (by credit card only) can be made online through <https://apm.activecommunities.com/houstonparks/Home>; refunds for cancellations will be returned to credit card on file, minus a 5%

ActiveNet Administration fee. Please print and bring your membership card and/or receipt when you visit.

**Prices subject to change after Dec. 31, 2019.**

<b>Ages:</b>	18 - Older *
<b>Program Dates:</b>	Year Round
<b>Hours:</b>	6:00 am - 8:00 pm, M - F 8:00 am - 4:00 pm, Sat 8:00 am - 12:00 pm, Sun
<b>Location:</b>	Memorial Park (KM 492K) 6402 Arnot, 77007
<b>Information:</b>	(832) 395-7596

Fee Schedule	
Monthly membership	\$23.71
Daily membership	\$ 7.07
Shower rental	\$ 0.88
Towel rental	\$ 0.59
Locker Rental	\$0.59
Lap Pool Swimming	\$1.00

## Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located inside of Hermann Park. The center is equipped with weights and cardiovascular equipment for your fitness needs. The center is open year- round.

In addition to the Fitness Center, J. Robinson, Jr. offers basketball, one racquetball court and a number of other fitness activities. Contact Community Center for more information.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning

<b>Ages:</b>	18 - Older *
<b>Program Dates:</b>	Year Round
<b>Early Morning Workout:</b>	6:00 am - 9:00 am, M - F
<b>Fitness Center Hours:</b>	10:00 am - 8:00 pm, M - Th 10:00 am - 4:00 pm, F 10:00 am - 1:30 pm, Sat
<b>Raquetball Court Hours:</b>	9:00 am - 7:30 pm, M - F 10:00 am - 1:30 pm, Sat
<b>Location:</b>	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
<b>Information:</b>	(832) 395-7626

Fee Schedule	
<b>Early Morning Workout:</b>	\$23.71/ month
<b>Raquetball Court Rental:</b>	\$3.52 Per Hour / \$1.83 per Half Hour

## Emancipation Park Fitness Center

Work out in one of Houston's newest fitness facilities! The Fitness Center at Emancipation Park is located in a brand new building in this historic park, and it has been equipped with state of the art equipment!

<b>Ages:</b>	18 - Older *
<b>Fee:</b>	No membership fees
<b>Program Dates:</b>	Year round
<b>Open Weights:</b>	9:00 am - 6:00 pm, Mon
<b>Ladies Night:</b>	6:00 pm - 8:30 pm, Mon
<b>Open Weights:</b>	9:00 am - 8:30 pm, Tues
<b>Open Weights:</b>	9:00 am - 9:00 pm, Wed & Th
<b>Open Weights:</b>	9:00 am - 7:30 pm, Fri
<b>Open Weights:</b>	10:00 am - 1:30 pm, Sat
<b>Location:</b>	Emancipation Park (KM 493U) 3018 Emancipation Ave, 77004
<b>Information:</b>	(832) 395-7400





**Fonde Fitness Center**

The Fonde Recreation Center, home to some of basketball’s greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

<b>Ages:</b>	18 - Older *
<b>Program Dates:</b>	Year Round
<b>Hours:</b>	9:00 am - 7:00 pm, M- F 1:00 pm - 7:00 pm, Sat
<b>Location:</b>	Fonde (KM 493K) 110 Sabine, 77007
<b>Information:</b>	(713) 226-4466

**MacGregor Fitness Center**

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

<b>Ages:</b>	18 - Older *
<b>Fee:</b>	No membership fees
<b>Program Dates:</b>	Year Round
<b>Hours:</b>	7:00 am - 7:00 pm, M-F 10:00 am - 2:00 pm, S
<b>Location:</b>	MacGregor (KM 534K) 5225 Calhoun, 77021
<b>Information:</b>	(713) 747-8650

**Hackberry Fitness Center**

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

<b>Ages:</b>	18 - Older *
<b>Fee:</b>	No membership fees
<b>Program Dates:</b>	Year Round
<b>Hours:</b>	10:00 am - 7:00 pm, M - F 10:00 am -2:00 pm, Sat
<b>Location:</b>	Hackberry (KM 528M) 7777 S Dairy Ashford, 77072
<b>Information:</b>	(832) 395-7616



# COMMUNITY CENTER WEIGHT ROOMS

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

## NORTHEAST

Finnigan (KM494K)	M - Th	8:00 am - 9:00 pm	4900 Providence 77020	(713) 678-7385
Finnigan (KM494K)	F	8:00 am - 6:00 pm	4900 Providence 77020	(713) 678-7385
Moody (KM453Y)	M, T & Th (Ladies)	9:30 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	M - F (Seniors 55+)	11:00 am - 1:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	M - Th (Open)	1:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	F (Open)	1:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	S (Open)	10:00 am - 2:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	W (Co-Ed)	9:30 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645
Shady Lane (KM 414W)	M, W & F (Ladies)	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M, W & F	11:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	Th	12:00 am - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503

## NORTHWEST

Fonde (KM493K)	M - F	9:00 am - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM493K)	S	1:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466
Highland (KM 451D)	M - Th	12:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	F	12:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137
Judson Robinson, Jr. (KM533B)	M - Th	10:00 am - 8:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM533B)	F	10:00 am - 7:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM533B)	S	10:00 am - 2:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	M - Th	8:00 am - 7:00 pm	979 Greshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	2:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	F	2:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Woodland (KM 493C)	M - F	1:00 pm - 7:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

## SOUTHEAST

Crestmont (KM 572J)	M - F	1:00 pm - 6:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 572J)	M - Th	3:30 pm - 6:30 pm	5200 Selinsky, 77048	(713) 733-2236
Hartman (KM 535C)	M - F	1:00 pm - 8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Hartman (KM 535C)	S	10:00 am - 2:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
MacGregor (KM 534E)	M - F	7:00 am - 7:00 pm	5225 Calhoun, 77021	(413) 747-8650
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

## SOUTHWEST

Alief (KM 529E)	M - F	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	M - Th	6:00 pm - 8:45 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	6:00 pm - 7:45 pm	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	F	10:00 am - 7:00 pm	11903 Bellaire, 77072	(281) 564-8130
Emancipation (KM 493Y)	M - Th	9:00 am - 8:30 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	F	9:00 am - 7:30 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	S	10:00 am - 1:30 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Hackberry (KM 528M)	M-F	10:00 am - 8:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	M - F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	M - Th	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	F	12:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	S	10:00 am - 1:30 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	M-F	1:00 pm - 3:00 pm	3502 Belford, 77051	(832) 395-7586
Sunnyside (KM 533X)	S	10:00 am - 2:00 pm	3502 Belford, 77051	(832) 395-7586



# ADULT BASKETBALL FREEPLAY

Sign up today to play one of the most popular and widely viewed sports in the world Basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

## NORTHEAST

Judson Robinson, Sr. (KM495L)	Freeplay BB	M	6:00 pm - 8:45 pm	1422 Lidwicke, 77029	(832) 396-7392
Judson Robinson, Sr. (KM495L)	Senior Freeplay BB	Th	6:00 pm - 8:45 pm	1422 Lidwicke, 77029	(832) 396-7392
Judson Robinson, Sr. (KM495L)	Teen/Youth Freeplay BB	F	6:00 pm - 7:45 pm	1422 Lidwicke, 77029	(832) 396-7392
Melrose (KM 413T)	Freeplay BB	M - Th	1:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	F	12:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	M & W	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleyball	T	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleyball	Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay Volleyball	F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Freeplay BB	S	10:00 am - 2:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	Freeplay BB (Adults)	M - F	1:00 pm - 3:30 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay BB (Teens)	M, W, F	4:00 pm - 6:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay BB (Open)	F	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay Volleyball	T & Th	7:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM 453Y)	Freeplay BB (Adults)	S	10:00 am - 2:00 pm	3725 Fulton, 77009	(832) 395-7645
Selena Quintanilla Perez (KM 494H)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	F	6:00 pm - 8:00 pm	6402 Market, 77020	(832) 395-7640
Selena Quintanilla Perez (KM 494H)	Freeplay BB	S	10:00 am - 2:00 pm	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	Freeplay BB	M, T, W, F	12:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	F	6:00 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Freeplay BB	S	10:00 am - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221

## NORTHWEST

Candlelight (KM 452E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	M, T, Th	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Freeplay BB	S	10:00 am - 2:00 pm	1520 Candlelight, 77018	(713) 682-3587
Candlelight (KM 452E)	Badminton	M & F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM 493K)	Full Court BB	M - F	1:00 pm - 3:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 3:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Volleyball	T	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Sr. Men BB	T	4:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	3 on 3 BB	S	3:00 pm - 5:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Badminton	F	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Freeplay BB	T & Th	1:00 pm - 5:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	M & W	3:00 pm - 5:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	S	12:00 pm - 2:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Freeplay BB	W	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - F	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay BB	S	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Ladies Freeplay	W	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Leisure BB	F	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Freeplay Volleyball	Th	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Men BB	T	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln (KM 412Q)	Freeplay BB	M, W, & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Freeplay BB	M & W	5:00 pm - 9:00 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	Freeplay BB	M	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	T	8:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Senior Freeplay BB	Th	6:30 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497



## HOUSTON PARKS &amp; RECREATION DEPARTMENT – [832] 395-7000

Love (KM 452Z)	Freeplay BB	F	7:00	pm	- 8:00	pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00	am	- 2:00	pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Teen Freeplay BB	M & W	6:30	pm	- 9:00	pm	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay BB	T	7:15	pm	- 8:45	pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Women's Freeplay BB	Th	7:30	pm	- 9:00	pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay Coed Volleyball	F	6:15	pm	- 7:45	pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	4 on 4 BB	S	12:00	pm	- 2:00	pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay BB	S	10:00	am	- 2:00	pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Teen BB	M - Th	4:00	pm	- 6:00	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	M - Th	6:00	pm	- 8:30	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Family/Teen BB	F	4:00	pm	- 6:00	pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	S	10:00	am	- 2:00	pm	212 Parkview, 77009	(713) 867-0401

**SOUTHEAST**

Hartman (KM 535C)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F	6:00	pm	- 8:00	pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	S	10:00	am	- 2:00	pm	9311 Ave P, 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W, F	12:30	pm	- 2:30	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB Teens	M	7:00	pm	- 9:00	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay VB	T	7:00	pm	- 9:00	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB Adults	W	7:00	pm	- 9:00	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F	6:00	pm	- 8:00	pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB Teens	S	10:00	am	- 2:00	pm	541 South 75th St, 77023	(713) 928-7055
Sagemont (KM 576Y)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	T	7:00	pm	- 9:00	pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	S	10:00	am	- 2:00	pm	11507 Hughes Rd, 77089	(281) 922-2343

**SOUTHWEST**

Alief (KM 529E)	Freeplay BB	M - F	6:00	pm	- 7:00	pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S	10:00	am	- 2:00	pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	35+ Basketball	Th	6:00	pm	- 8:00	pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	Adult Open Gym	T & Th	1:00	pm	- 3:00	pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Freeplay BB	S	11:30	am	- 1:30	pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Teen Freeplay BB	T & Th	6:00	pm	- 8:30	pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Teen Freeplay BB	F	6:00	pm	- 7:30	pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay BB	M - F	11:00	am	- 2:30	pm	3018 Emancipation Ave. 77004	(832) 395-7400
Emancipation (KM 493Y)	Freeplay BB	M & W	7:00	pm	- 8:30	pm	3018 Emancipation Ave. 77004	(832) 395-7400
Emancipation (KM 493Y)	Volleyball	Th	7:00	pm	- 8:30	pm	3018 Emancipation Ave. 77004	(832) 395-7400
Marian (KM 530X)	Freeplay BB	M - Th	1:00	pm	- 3:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Adult Freeplay BB	M, T, & Th	1:00	pm	- 3:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	T	6:00	pm	- 8:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	F	12:00	pm	- 3:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Adult Freeplay BB	F	12:00	pm	- 3:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB Youth/Teen	Th	6:00	pm	- 8:30	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Teen Freeplay BB	S	10:00	am	- 12:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Adult Freeplay BB	S	12:00	pm	- 1:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay VB Youth/Teen	M	6:00	pm	- 8:30	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay VB Youth/Teen	S	11:00	am	- 2:00	pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Teen Freeplay BB	F	6:00	pm	- 8:30	pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	M & W	6:45	pm	- 8:45	pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	T	6:45	pm	- 8:45	pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	F	6:45	pm	- 7:45	pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	S	10:00	am	- 2:00	pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Freeplay BB	M - F	1:00	pm	- 3:00	pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Freeplay BB	M - F	6:00	pm	- 9:00	pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Freeplay BB	S	10:00	am	- 2:00	pm	3403 Simsbrook, 77045	(832) 395-7565



# AEROBICS CLASSES

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels ranging from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer.

Check with the individual community center for more information. All classes are FREE unless otherwise noted.

NORTHEAST					
Clark (KM 453B)	M - F	9:00 am - 10:00 am	9718 Clark, 77076	(713) 742-1497	
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497	
Melrose (KM 413T)	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514	
Tuffly (KM 454X)	M & W	6:30 pm - 7:30 pm	3200 Russell, 77026	(713) 674-2355	

NORTHWEST					
Fonde (KM 493K)	M - Th	12:00 pm - 1:00 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	T & Th	6:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466	
Freed (KM 451Y)	M & W	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
Highland (KM 451D)	M - Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137	
J. Robinson, Jr. (KM 533B)	M & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626	

SOUTHEAST					
Garden Villas (KM 535W)	M, T, & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168	
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803	
Hartman (KM 535C)	M & W	11:30 am - 12:30 pm	9311 E. Ave. P., 77012	(713) 928-4803	
Mason (KM 535A)	M - Th	8:30 am - 9:30 am	541 S. 75th, 77023	(713) 928-7055	

SOUTHWEST					
Alief (KM 529E)	M, W, & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130	
Hackberry (KM 528M)	T - F	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616	
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107	
Sunnyside (KM 533X)	M, W, & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7586	
Townwood (KM 572P)	M, T, & Th	6:00 pm - 7:00 pm	3403 Simsbrook, 77045	(832) 395-7565	
Windsor Village (KM 571 P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113	

**Adult Aerobics Muscle Toning**  
This class focuses on increasing strength and improving muscle tone, which will help you burn calories even while you're not working out! The class uses weights, bands, bars and step platform. Check with individual community center for more information. All classes are FREE unless otherwise noted.

NORTHEAST					
Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742 -1497	
Clark (KM 453B)	M - Th	7:00 pm - 7:30 pm	9718 Clark, 77076	(713) 742 -1497	

SOUTHWEST					
Hackberry (KM 528M)	M - F	10:15 am - 11:15 am	7777 S. Dairy Ashford, 77072	(832) 395-7616	
Sunnyside (KM 533X)	F	5:30 pm - 6:00 pm	3502 Bellfort, 77051	(832) 395-7586	

SOUTHEAST					
Sagemont (KM 576Y)	M & W	12:00 pm - 1:00 pm	11507 Hughes, 77089	(281) 922-2343	





# ADULT STEP AEROBICS

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer.

Check with the individual community center for more information. All classes are FREE unless otherwise noted.

<b>Ages:</b>	18 - Older
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Year round
<b>Times:</b>	Varies by Community Center
<b>Information:</b>	Contact Community Center

NORTHEAST						
Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497		
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497		
Finnigan (KM 494H)	T & Th	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385		
Melrose (KM 413T)	M - W(*)	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	M - Th	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514		
Shady Lane (KM 414W)	T & W	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503		
Shady Lane (KM 414W)	M - F	10:00 am - 11:00 am	10220 Shady Lane, 77093	(713) 742-1503		
Tuffly (KM 454X)	M & W	6:00 pm - 7:00 pm	3200 Russell, 77026	(713) 674-2355		
NORTHWEST						
Freed (KM 451Y)	M & W	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611		
J. Robinson, Jr. (KM 533B)	T, W & Th (Sr Program)	9:00 am - 10:00 am	2020 Hermann Dr., 77004	(832) 395-7626		
SOUTHEAST						
Crestmont (KM 574J)	M & F	6:30 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236		
Crestmont (KM 574J)	T & Th	7:00 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236		
Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434		
Hartman (KM 535C)	M - Th (Sr Program)	10:00 am - 2:00 pm	9311 E. Ave P, 77012	(713) 928-4803		
Meadowcreek (KM 535A)	M, T & W	10:00 am - 11:30 am	5333 Berry Creek, 7701	(713) 946-9020		
SOUTHWEST						
Alief (KM529E)	F	6:00 pm - 7:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130		
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7686		
Townwood (KM 572P)	M, T, & Th	6:00 pm - 7:50 pm	3403 Simsbrook, 77045	(832) 395-7565		
Townwood (KM 572P)	M & W	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565		
Townwood (KM 572P)	M - F	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565		
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113		

\*Concessionaire class



# FITNESS CLASSES

Houston, let's get moving! Join a fitness class at your local community center. Activities include: weight training, aerobics and circuit training. Classes vary by community center and are for 18 years and older. Contact your local center for more information.

## NORTHEAST

Finnigan (KM 494H)	Zumba	M	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	Yoga	W	6:30 pm - 7:30 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	Line Dance	T	10:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Finnigan (KM 494H)	Boot Camp	T & Th	6:30 pm - 7:30 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Line Dance	M	10:00 am - 11:30 am	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	55 + Fitness	T, W & Th	11:00 am - 1:00 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM 495L)	Zumba	W	6:00 pm - 7:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson Sr. (KM 495L)	Line Dance	F	10:00 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Kingwood (KM296X)	Chair Yoga	M, W	9:00 am - 10:00 am	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	Fitness Hour	M & W	10:30 am - 11:30 am	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	Integral Tai Chi	M, Th	6:00 pm - 8:00 pm	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	Line Dance Intro	T, Th	2:00 pm - 3:15 pm	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	Line Dance Advanced	T, Th	3:30 pm - 4:45 pm	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	Meditation	Th	7:00 pm - 8:15 pm	4102 Rustic Woods, 77345	(281) 348-2570
Melrose (KM 413T)	Zumba	S	10:00 am - 11:00 am	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Adult/Senior Aerobics	M - F	8:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)	Adult Aerobics	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)*	Ballet (Youth)	M, W, F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)*	Karate	T - Th	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514
Melrose (KM 413T)*	Karate	S	11:00 am - 12:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM453Y)	Adult Fitness	M & W	11:15 am - 12:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	55+ Fitness	M, W, F	12:00 am - 12:45 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	Aztec Dance	M & W	7:45 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	Boot Camp	T, Th	6:15 pm - 6:45 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)*	Cheer	Th	6:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)*	Karate	T	6:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	AM Zomba	T, W & Th	9:00 am - 10:00 am	3725 Fulton, 77009	(832) 395-7645
Moody (KM453Y)	PM Zomba	M & W	6:30 pm - 7:30 pm	3725 Fulton, 77009	(832) 395-7645
Selena Quintanilla Perez (KM 494H)	Senior Dance	M, W, F	10:00 am - 11:00 am	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	Zumba	M, T, W & F	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454D)	Pickleball	T & F	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dance	Th	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Power Exercise	T & Th	9:00 am - 10:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickleball	Th	1:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dance	S	12:30 pm - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Fitness	M, W & F	11:30 am - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221

## NORTHWEST

Fonde (KM 493K)	Pickleball	W	9:00 am - 11:00 am	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K) *	Pickleball	F	9:00 am - 11:00 am	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Pickleball	S	10:30 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Bootcamp	M & W	6:30 pm - 7:30 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Sr. Pickleball	W & F	10:00 am - 12:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM 493K)	Pickleball	S	11:00 am - 1:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM451Y)	Aerobics	M & W	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Cardio Workouts	T, W & F	1:30 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Badminton	M & T	6:30 pm - 8:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Senior Fitness	M, W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Senior Pickleball	M, W	1:00 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Yoga	T, Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Zumba	M - F	9:30 am - 11:30 am	6818 Shady Villa, 77055	(832) 395-7611



Freed (KM451Y)	Zumba	S	9:30 am - 11:30 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Circuit Workout	T	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM451Y)	Circuit Workout	Th	6:30 pm - 7:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	Sr Fitness	M, W, & F	9:00 am - 10:30 am	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	Sr Fitness	W & F	9:00 am - 10:30 am	603 E 35th, 77022	(713) 867-0373
Independence Heights (KM 453N)	Line Dance	Th	6:00 pm - 7:30 pm	603 E 35th, 77022	(713) 867-0373
Judson Robinson, Jr (KM 533B)	Beginning Line Dance	M	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Double Dutch	1st & 3rd F	6:00 pm - 7:30 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Line Dance	W	10:00 am - 11:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Karate (Youth)	M & W	6:00 pm - 6:50 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Karate (Adult)	M & W	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B) *	Salsa	W	7:30 pm - 8:30 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Sr Fitness	T - Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	Th	5:30 pm - 6:30 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B) *	Circuit Training	S	11:00 am - 12:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Spin Bike	T	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Line Dance Intermediate	M	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Advanced Pickleball	F	10:00 am - 12:00 pm	2020 Hermann Dr, 77004	(832) 395-7626
Judson Robinson, Jr (KM 533B)	Beginner Pickleball	F	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Line Dance	M	10:00 am - 12:00 pm	979 Grenshaw, 77008	(281) 445-1617
Love (KM 452Z)	Fitness	M & W	6:00 pm - 8:30 pm	1000 W 12 St, 77008	(713) 867-0497
Love (KM 452Z)	Yoga	T	7:00 pm - 8:00 pm	1000 W 12 St, 77008	(713) 867-0497
Montie Beach (KM 453X)	Zumba	M, T & Th	6:00 pm - 7:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	Martial Arts	M & W	6:00 pm - 7:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Tai Chi	W	11:30 am - 12:30 pm	803 W. Temple, 77009	(713) 862-6907
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	9:00 am - 10:00 am	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493E)	Zumba	T	6:00 pm - 7:15 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	M, T & W	8:30 am - 9:30 am	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Karate	M & W	7:00 pm - 8:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	T	6:00 pm - 7:50 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Pickleball	M & T	10:30 am - 12:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Adult Fitness	W & F	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Bootcamp Aerobics	W	9:30 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Pickleball	M & Th	11:30 am - 12:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	T & Th	9:30 am - 10:30 am	212 Parkview, 77009	(713) 867-0401

**SOUTHEAST**

Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Adult Line Dancing	T	9:00 am - 1:00 pm	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Fit Camp	M - F	6:00 pm - 7:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Senior Chair Exercise	M & W	11:00 am - 12:00 am	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	Men's Fitness	F	12:00 pm - 1:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Self-Fit/Muscle Works 1	M - F	8:30 am - 10:30 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Senior Self-Fit/Muscle Works 2	M, W & F	10:30 am - 11:30 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Self-Fit/Muscle Works 3	M, W & F	7:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Adult Fitness	M, T & W	6:00 pm - 7:00 pm	907 76th Street, 77012	(713) 923-5163
Eastwood (KM 494T)	Boot Camp	T & F	6:15 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Senior Fitness	M & W	11:00 am - 12:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Garden Villas (KM 535W)	Fitness	M, T & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Fitness	M - Th	6:00 pm - 7:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Fitness	T & Th	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	Zumba	M & W	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)*	Martial Arts	M & Th	6:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055

Mason (KM 535A)*	Ballet Class	W & F	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Senior Fitness	M, T, W & F	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Senior Aerobics	M, T & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Zumba	M,T,W & F	6:00 pm - 7:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y) *	Zumba	M & W	6:30 pm - 7:30 pm	11507 Hughes Rd, 77089	(281) 922-2343

**SOUTHWEST**

Alief (KM 529E)	Senior Aerobics	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Adult Circuit Training	T & Th	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Senior Fitness	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Alief Hip-Hop Dance	T	6:00 pm - 8:00 pm	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Tai Kwon Do	T & Th	6:00 pm - 8:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Badminton	S	10:00 am - 11:30 am	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Badminton	W	6:00 pm - 8:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Instructional Indoor Soccer	M	6:00 pm - 8:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Fun Fit Kids Dance	Th	6:00 pm - 8:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Fun Fit Kids Dance	S	11:00 am - 1:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492R)	Karate	M & W	6:00 pm - 9:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493Y)	Hip Hop Step Aerobics	M & W	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Line Dance	Th	6:00 pm - 7:30 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Yoga	Th	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Godwin (KM 531U)	Operation Get Fit	M & W	8:00 am - 9:00 am	5101 Rutherglen, 77096	(713) 726-7114
Godwin (KM 531U)	Karate	T & Th	6:00 pm - 7:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	HITT Program	M - W	11:00 am - 12:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boxing (Teens)	F	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Core Training (Open Use)	T & Th	10:00 am - 4:30 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Kickboxing/Zumba	F	10:15 am - 11:15 am	7777 S Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM530K)	Adult Fitness	M - F	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Line Dance	T	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Tai Chi	W & F	9:00 am - 12:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Tai Chi	Th	6:00 pm - 8:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Senior Aerobics	M & W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Table Tennis	T & Th	9:00 am - 12:00 pm	8201 Roos, 77036	(713) 272-3668
Marian (KM 830X)	Zumba	F	6:00 pm - 7:00 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 830X)	Line Dancing	S	9:00 am - 10:30 am	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Stretching	M, W & F	9:00 am - 10:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Line Dance	M	1:00 pm - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
River Oaks (KM 492T)	Tai Chi	T	6:00 pm - 8:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	Tai Chi	M	5:00 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Tai Chi	T	2:00 pm - 5:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Zen Tai Chi	T	6:00 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Youth Tennis	T & Th	4:15 pm - 6:15 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Sr Fitness Silver Sneakers	T & Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Chair Volleyball	W	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Circuit Training	W	11:00 am - 12:00 pm	3502 Bellfort, 77051	(832) 395-7686
Townwood (KM 572P)	Pickleball	M	10:00 am - 12:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Aerobics	M, T & Th	6:00 pm - 6:50 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Adult Fitness	M, T & Th	7:00 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Zumba	M, T & F	8:00 am - 9:00 am	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Chair Aerobics	M & W	10:00 am - 10:45 am	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Line Dance	M & Th	6:30 pm - 8:30 pm	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	Line Dancing	M	7:00 pm - 8:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & W	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Line Dancing	F	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113

\* Concessionaire Class - Call Community Center For Cost Information.



# ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club. Contact your local community center for details on this year-round FREE program.

## NORTHEAST

Clark (KM 453B)	M - F	6:00 am - 12:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M - Th	8:00 am - 11:00 am	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495U)	M - Th	6:00 pm - 7:00 pm	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	F	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	M - F	8:00 am - 11:00 am	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM495L)	T - Th	10:00 am - 12:00 pm	4102 Rustic Woods, 77345	(281) 348-2570
Kingwood (KM296X)	T, Th & F	9:00 am - 10:00 am	4102 Rustic Woods, 77345	(281) 348-2570
Lakewood (KM 455G)	M - F	7:00 am - 12:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	M & W	6:00 pm - 7:30 pm	8811 Feland, 77028	(713) 636-8217
Melrose (KM413T)	M - F	9:00 am - 10:00 am	1001 Canino, 77076	(281) 447-0514
Melrose (KM413T)	T - Th	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514
Moody (KM453Y)	M, W & F	9:30 am - 10:30 am	13725 Fulton, 77009	(832) 395-7245
Selena Quintanilla Perez (KM 494H)	M - F	10:00 am - 11:00 am	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	M - F	8:00 am - 11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M - Th	6:30 pm - 7:30 pm	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 454D)	M, W & F	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	M & W	6:00 pm - 7:00 pm	9720 Spaulding, 77016	(713) 636-8221

## NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm - 8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM493K)	M - F	11:00 am - 1:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM493K)	M - F	4:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 pm - 7:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	M - Th	8:30 am - 9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm - 7:00 pm	603 East 35th, 77002	(713) 867-0373
Judson Robinson, Jr. (KM 533B)	M, W & F	8:00 am - 9:00 am	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	M - F	8:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm - 8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - Th	1:00 pm - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - Th	6:00 pm - 8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T, & Th	5:00 pm - 6:00 pm	803 West Temple, 77009	(713) 862-6907
R L & Cora Johnson (KM 450A)	T & Th	5:30 pm - 6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
R L & Cora Johnson (KM 450A)	M, W, & F	8:30 am - 9:00 am	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493B)	T & F	8:00 am - 9:00 am	1031 Stude, 77007	(713) 867-0497
Woodland (KM 493C)	M - F	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401

## SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am - 11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M - F	7:00 am - 11:00 am	10201 Kingspoint, 77075	(713) 948-9065
Beverly Hills (KM 576S)	M - F	5:00 pm - 6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	9:00 am - 11:00 am	8200 Park Place Blvd, 77017	(713) 645-3589
Crestmont (KM 455G)	M, W & F	6:00 pm - 7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	W	6:00 pm - 7:00 pm	7521 Ave. H, 77012	(713) 923-5163
Edgewood (KM 534X)	W & F	6:30 pm - 7:00 pm	5803 Belfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	6:00 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M & W	6:00 pm - 6:30 pm	9311 E. Ave. P, 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am - 11:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am - 10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - TH	7:00 am - 8:30 am	541 South 75th, 77023	(713) 928-7055



Meadowcreek (KM 536S)	M, W & F	5:30 pm - 6:30 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	M - F	7:00 am - 11:00 am	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	M - F	6:00 pm - 8:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	M - TH	8:30 am - 9:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Almeda (KM 572Y)	T & Th	6:00 pm - 6:30 pm	14201 Almeda School Road, 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W, & F	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W, & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Godwin (KM 531U) - For Seniors	M - Th	5:30 pm - 6:30 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M - W	8:00 am - 9:00 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	M - F	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	Th & F	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	M - F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	Th	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T) - Dog Walking Club	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W, & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	M - Th	6:45 pm - 7:15 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X) - For Seniors	T - Th	9:30 am - 10:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M & W	6:30 pm - 7:30 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - F	8:00 am - 9:00 am	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 571P)	M - W	1:00 pm - 2:00 pm	14441 Croquet, 77085	(713) 726-7113



# PARK TRAILS

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Pkwy	Granite	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Blueridge Park	5600 Court Road	Asphalt	0.62
Bonham	8401 Braes Acres	Concrete	0.35
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Concrete	1.00
Brays Bayou	75th to Evergreen	Concrete	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brays Bayou	OST to Lawndale	Concrete	1.65
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Asphalt	4.90
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09
Cravens Parkway	5901 Fannie	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Bellfort	Asphalt-Concrete	0.50
Crain (E.L) Park	9051 Triola	Concrete	0.49
E P Hill	4800 Gloryland	Asphalt	0.39

TRAIL	LOCATION	TYPE	MILES
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrollton	Asphalt	0.32
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Gragg Park	2999 S. Wayside	Concrete	0.50
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Concrete	0.41
Gutierrez (SIRO) Park	7900 Flaxman	Asphalt	0.14
Hackberry	7300 Dairy Ashford	Concrete	0.70
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden	Asphalt	2.00
Hartman	9311 Ave P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Houston Heritage East	San Jacinto & Allen St. to McKee	Concrete	0.38
Houston Heritage West	Studewood to Main & Girard	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Independence Heights	601 E 35th Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.50
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Weiss	12300 Aldine-Westfield	Concrete	2.12
Keegan's Bayou Trail	Gessner to Kirkwood		TBD
Kerr	4620 Arlington	Asphalt	0.17
Lake Forest	9200 Mesa	Concrete	0.43

TRAIL	LOCATION	TYPE	MILES
Lake Houston Wilderness	25840 FM 1485 New Caney Tx	Natural	11.60
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Granite	1.11
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Melrose Park	1000 Canino Road	Asphalt	0.25
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Natural	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	7.21
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.33
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	2600 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.75
Rosewood Park	8200 Darien	Concrete	0.36
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Sims Bayou	MLK to Scott	Asphalt	2.50
Sims Bayou	Townwood Park	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.5
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.30
Spotts	401 Heights Blvd	Concrete	1.60

TRAIL	LOCATION	TYPE	MILES
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Antoine Alabonson	Asphalt	0.56
White Oak Bayou	Watonga to Antoine	Concrete	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt/Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Wright-Bembry Park	850 West 23rd Street	Concrete	0.16
Zollie Scales	3501 Corder	Asphalt	0.23









# SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition, and sports programs. Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.



<b>Ages:</b>	55 & older
<b>Registration:</b>	Ongoing
<b>Program Dates:</b>	Ongoing
<b>Fees:</b>	FREE (Except for Field Trips or Special Programs)
<b>Times:</b>	Varies by Community Center
<b>Information:</b>	(832) 395-7133
	(832) 395-7270

**MONDAY**

Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764
--------------------	--------------------	----------------

**TUESDAY**

Selena Q Perez/ Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
---	--------------------	----------------

**WEDNESDAY**

DeZavala (KM 495S)	7521 Avenue H, 77012	(713) 923-5163
--------------------	----------------------	----------------

**THURSDAY**

Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
--------------------	------------------------	----------------

**FRIDAY**

Selena Q Perez/Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
--	--------------------	----------------





# SENIOR SPECIALTY CRAFTS/ACTIVITIES

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area. Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips, and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Sr. Olympics competition, and sports programs. Most programming is FREE unless otherwise indicated.

<b>Ages:</b>	50 & older
<b>Registration:</b>	Year - round
<b>Fees:</b>	FREE
<b>Times:</b>	Various by Community Center
<b>Information:</b>	(832) 395-7296   (832) 395-7270

## NORTHEAST

Clark (KM 453B)	Arts & Crafts	M	9:30 am - 1:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Seniors Club	M - F	9:00 am - 12:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Bingo	M, W, & F	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Arts, Crafts, Dominos, Chair Fitness	T	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	Th	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
DenverHarbor (KM 494H)	Senior Artist Crafts	T	10:00 am - 1:00 pm	6402 Market, 77020	(832) 395-7640
DenverHarbor (KM 494H)	Senior Dance	M, W, & F	10:00 am - 11:00 am	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Arts & Crafts	M	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Game Day	3rd W	12:00 pm - 3:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Specialty Craft	M	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Quilting	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson, Sr (KM 495L)	Quilting	W	1:00 pm - 3:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Pickle Ball	S	10:00 am - 2:30 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Bingo	4th T	1:00 pm - 2:30 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Quilting	W	1:00 pm - 3:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	Basic Sewing	M, W, F	10:00 pm - 1:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Senior Crafts	T & Th	1:00 pm - 3:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Game Day	M, W, & F	1:00 pm - 3:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Game Night	T & Th	6:30 pm - 7:30 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Quilting & Scrapbooking	Th	12:00 pm - 2:30 pm	8811 Feland, 77028	(713) 636-8217
Kingwood (KM 296X)	Advanced Crochet	Th	10:30 am - 11:30 am	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Book Club	3rd Th	7:00 pm - 8:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Craft Class	2nd W	1:00 pm - 3:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Dominoes-Mexican Train	F	1:00 pm - 4:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Hand & Foot Canasta	F	10:00 am - 1:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Intermediate Bridge	F	9:00 am - 12:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Knitting/Needle Work	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Mahjong	T	9:30 am - 12:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Quilting	F	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Knitting & Needle Work	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Beginner Crochet	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Quilting	F	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Zumba	W	7:00 pm - 8:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Melrose (KM 413T)	Senior Chair Volleyball	M & W	9:00 am - 10:00 am	1001 Camino 77076	(281) 447-0514
Moody (KM 453Y)	Open Table Tennis	T & Th	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645

Moody (KM 453Y)	55+ Fitness	M, W, & F	12:00 pm - 12:45 pm	3725 Fulton, 77009	(832) 395-7645
Tidwell (KM 454D)	Recreation & Leisure	M - F	2:00 pm - 6:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Chair Exercises	T & Th	6:00 pm - 7:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Cards/Dominos	M - F	2:00 pm - 6:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dancing	S	12:30 pm - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry Class	3rd Th	12:00 pm - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickle Ball	T	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickle Ball	Th	1:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Crafts	T & F	9:00 am - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Walk/Fit	M & W	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Walk/Fit	M & W	6:00 pm - 7:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Ceramics	T	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355

**NORTHWEST**

Candlelight (KM 452E)	Minor Games	W & Th	9:00 am - 1:00 pm	1520 Candlelight, 77018	(713) 682-3587
Freed (KM 451Y)	Quilting, Crochet & Crafts	M & W	4:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Exercise	M & W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball	M & W	1:00 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball (Advanced)	F	5:30 pm - 7:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Adult Pickleball	F	4:00 pm - 7:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Senior Pickleball	S	1:00 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Batminton	M & T	6:30 pm - 8:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Independence Hts. (KM453N)	Sr. Crafts	W	9:00 am - 1:00 pm	603 E. 35th Street, 77022	(713) 867-0373
Judson Robinson, Jr. (KM 495L)	Beginner Bridge	S (1st, 3rd, 4th)	10:00 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Beginner Bridge	M	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Social Games	T, Th, & F	10:30 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	Senior Line Dance	M	9:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	W (2nd & 4th)	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Senior Crafts	T	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Senior Quilting	W	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Crafts	M & W	10:30 am - 12:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907
Proctor Plaza (KM 453X)	Senior Fitness	T & F	9:00 am - 10:30 am	803 West Temple, 77009	(713) 862-6907
Stude (KM 493E)	African Drums	S	11:00 am - 12:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Line Dance	T	6:30 pm - 7:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Ballroom/Salsa Dance	M	10:00 am - 12:30 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Crochet/Sewing	W	10:00 am - 2:30 pm	212 Parview, 77009	(713) 867-0401
Woodland (KM 493C)	General Crafts	Th	10:30 am - 12:30 pm	212 Parview, 77009	(713) 867-0401

**SOUTHEAST**

Charlton (KM 535P)	Ceramics	M & F	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Art 101	W	10:00 am - 12:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	Th	1:00 pm - 2:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Family Night Ceramics	Th	6:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry	Th	12:30 pm - 2:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M, W, & F	1:00 pm - 5:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Bridge	M	11:00 am - 3:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T & Th	11:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Red Hat Society	T	9:00 am - 10:00 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Gardening Club	T	9:30 am - 10:30 am	5200 Selinsky, 77048	(713) 733-2236



Crestmont (KM 574J)	Senior Crafts	W & Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Arts & Crafts	W	9:00 am - 1:00 pm	907 South 76th, 77012	(713) 923-5163
Eastwood (KM 494T)	Senior Crafts	Th	9:00 am - 1:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Social Club	T & F	11:00 am - 1:00 pm	5803 Bellfort, 77033	(713) 734-8434
Hartman (KM 535C)	Senior Activity	W	10:00 am - 11:00 am	9311 East Ave P, 77012	(713) 928-4803
Ingrando (KM 535F)	Ceramics	M & W	10:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Quilting	W	9:00 am - 1:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	Quilting	W & Th	9:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Aerobics (Advanced)	M - W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games/Senior Social	F	12:00 pm - 2:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Senior Activities	M - F	9:00 am - 1:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Scrapbooking	T & Th	4:00 pm - 5:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00 am - 2:00 pm	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	W	9:00 am - 12:00 pm	3000 Garrow, 77003	(713) 238-2200

**SOUTHWEST**

Alief (KM529E)	Scrapbooking	W	11:00 am - 1:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM529E)	Senior Table Games & Social Hour	M, W & F	11:00 am - 1:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM529E)	Alief Chess Club	Th	6:00 pm - 8:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Cherryhurst (KM492R)	Adult Quilting Class	M	11:00 am - 1:00 pm	1700 Missouri 77006	(713) 284-1992
Cherryhurst (KM492R)	Scrapbooking	T	11:00 am - 1:00 pm	1700 Missouri 77006	(713) 284-1992
Cherryhurst (KM492R)	Chess Club	M & W	6:00 pm - 8:00 pm	1700 Missouri 77006	(713) 284-1992
Cherryhurst (KM492R)	Chess Club	F	6:00 pm - 7:00 pm	1700 Missouri 77006	(713) 284-1992
Emancipation (KM 493U)	Senior Social Day	F	10:00 am - 1:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493U)	Social Quilting	T & Th	10:00 am - 1:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Kendall (KM 488C)	Senior Board Games	T	12:00 pm - 1:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Lansdale (KM 530K)	Senior Fitness	M & W	6:00 pm - 7:00 pm	8201 Roos, 77025	(713) 272-3668
Linkwood (KM 532P)	Adult/Sr. Quilting	W & T	12:00 pm - 2:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Quilting	Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	Senior Fitness	T & Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Clay Workshop	W	12:30 pm - 3:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Portable Projects	Th	9:30 am - 11:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Games	Th	12:30 am - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	T	10:00 am - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	1,3,4th T	6:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Table Games	W	10:00 am - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	Th	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	F	11:00 am - 1:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Quilting Class	M	10:00 am - 2:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Social Quilting	W	10:00 am - 3:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Crocheting	T	10:00 pm - 1:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Quilting	M	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Sr Aerobics/Silver Sneakers	T - Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Pickle Ball	M & W	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Morning Stretch	M & W	10:00 am - 10:50 am	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Sewing Classes	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Ceramics	S	10:00 am - 1:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 530K)	Senior Ceramics	T & Th	10:30 am - 1:30 pm	14441 Croquet, 77085	(713) 726-7113

# SAVE THE DATE

## 34TH ANNUAL ARBOR DAY

# 01.25.2020

### 9:00 AM | TC JESTER PARK

We need 250 volunteers to plant 3,000 trees  
For more information, email Oneika Shelby at  
[oneika.shelby@houstontx.gov](mailto:oneika.shelby@houstontx.gov)



Mayor Sylvester Turner



*Apache*



A CAPRA Accredited Agency





# HOUSTON PARKS AND RECREATION DEPARTMENT



## LIFEGUARDING OPPORTUNITIES

**Pay Rate Starting at \$13.78**

If you or someone you know, have swimming skills and desire to work **“during the summer”** for Houston Parks and Recreation Department Aquatic Team, contact the Aquatics Office to schedule a swim evaluation.

Requirements:

- Must be 16 years of age on or before May 31, 2020.
- Must pass standard Lifeguard Swim Evaluation.
- Must apply online at: <http://www.houstontx.gov/jobs>
- Must pass American Red Cross Lifeguard Training offered/approved by HPARD Aquatic Administration.
- Must pass physical examination, drug test and criminal background check.
- Must have reliable transportation

The following positions are available:

LIFEGUARD - \$13.78 p/hr.

HEADGUARD - \$14.71 p/hr.

AQUATIC CENTER SUPERVISOR - \$16.49 p/hr.

For more information contact the HPARD Aquatics Office at (832) 395-7129



# ADAPTIVE SPORTS & RECREATION

HPARD provides access to year-round activities for children and adults with disabilities through the Adaptive Recreation Division located at the Metropolitan Multi-Service Center, 1475 West Gray. In addition to providing activities, the Metropolitan Multi-Service Center partners with organizations that serve children and adults with disabilities. The goal is to provide access, experiences and opportunities to learn new skills and redefine abilities while participating in recreational activities.

### Friends of the Park Council at MMSC

The Friends of the Park Council at MMSC serves to support the staff and programs of HPARD's Adaptive Recreation section. They also help communicate the vision, goals, and services of the program to constituent communities and provide a forum for program ideas and services.

The Friends of the Park Council at MMSC meets on the third Tuesday of the month.

Date:	3rd T of the month
Time:	4:30 pm - 6:00 pm
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7325 charles.french@houstontx.gov

### Adaptive Recreation Fitness Center

The Metropolitan Multi-Service Fitness Center is specifically designed to be used by adults with a physical disability, including visually impaired and blind, who are able to function independently.

The facility is equipped with wheelchair accessible upper body weight equipment along with cardio machines to get your heart pumping. Pre-registration and a safety briefing are required before using this facility.

Ages:	16 - older
Registration:	Required
Program Dates:	7:00 am - 7:00 pm, M - Th 7:00 am - 5:00 p.m., F
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houstontx.gov



### Adaptive Yoga

This Adaptive Yoga class modifies traditional Kundalini Yoga for persons with physical disabilities based on student's abilities. A certified Kundalini Yoga instructor leads this 60-minute class. It combines seated, standing, and floor postures and incorporates guided meditation and creative visualization.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	Weekly Mondays 7:00 pm - 8:00 pm; Thursdays 10:00 am - 11: am
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(713) 395-7333 charles.french@houstontx.gov

### Adaptive Aquatics Program

The MMSC pool provides an excellent environment for people with disabilities to exercise. The 5-lane, 25-yard heated pool is fully accessible and is equipped with a zero-depth entry ramp, handrails, and three chair lifts. Changing and shower facilities are available adjacent to the pool area.

Participants are required to have independent functioning mobility skills or bring an adult attendant to assist.

Ages:	Youth and Adult
Registration:	Required
Program Dates:	Year-round
Time:	Vary, Call For Schedule
Fee:	FREE
Location:	Metropolitan Multi-Service Ctr 1475 West Gray
Information:	(832) 395-7333 (713) 395-7333





### Adult Wheelchair Rugby

Get ready for fast, full-court action when adults clash metal to metal in this fast-paced wheelchair sport. Rugby is for people with quadriplegia who have independent, upper body function. Participants must have independent functioning skills to participate. Motorized chairs not permitted in this game.

<b>Ages:</b>	12 - Older
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Sept 7 - Dec 21
<b>Open Play:</b>	6:00 pm - 8:00 pm, Th
<b>Team Practice:</b>	9:00 am - 11:00 am, Sat
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(713) 395-7325



### Roll-Fit

This is a specialized program designed to enhance the overall fitness level and functional capacity of persons with a physical disability. Focus will be on all fitness components: Muscular Strength and Endurance, Cardiovascular, Flexibility and Nutrition.

<b>Ages:</b>	All Ages
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Sept 5 - Dec 19
<b>Time:</b>	1:00 pm - 2:00 pm, T
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(713) 395-7333

### Power Soccer

Power Soccer is the fastest growing sport for wheelchair users. Power Soccer is the first team sport designed specifically for power wheelchair users. It combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer. All ages and abilities welcome!

<b>Ages:</b>	All Ages
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Sept 16, 2017</b>	11:00 am - 2:00 pm
<b>Sept 23, 2017</b>	9:00 am - 12:00 pm
<b>Oct 21, 2017</b>	11:00 am - 2:00 pm
<b>Oct 29, 2017</b>	12:00 pm - 3:00 pm, Sun
<b>Nov 4, 2017</b>	11:00 am - 2:00 pm
<b>Nov 18, 2017</b>	11:00 am - 2:00 pm
<b>Nov 26, 2017</b>	11:00 am - 2:00 pm
<b>Dec 2, 2017</b>	11:00 am - 2:00 pm
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(713) 395-7325



### Adult Wheelchair Basketball

Weekly practice and play are scheduled throughout the year for adults age 16 and up. Motorized chairs are not allowed in this game.

January through March open gym will be held on Mondays and Wednesdays. Sports chairs are available to check out. Registration is required.

<b>Ages:</b>	All Ages
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Sept 4 - Dec 18
<b>Times:</b>	6:00 pm - 9:00 pm, M 7:00 pm - 9:00 pm, W
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(832) 395-7333

### Boccia Ball

Boccia Ball athletes throw, kick or use an assistive device to propel leather balls as close as possible to a white target ball (the jack). Each player throws six balls. After each individual match, four ends are played, with the top two players from each pool advancing. BlazeSports America is the governing body for USA Boccia.

<b>Ages:</b>	All Ages
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Sept 4 - Dec 18
<b>Times:</b>	1:00 pm - 3:00 pm, M
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	832-395-7333





Power Soccer

### Hot Wheels Youth Basketball

The TIRR Memorial Hermann Youth Hotwheels are coming off a National Wheelchair Basketball Association 2nd Place National Finish! The team consists of wheelchair basketball players ages 8-18. They are currently ranked #1 going into the 2017/18 season. The team welcomes any new players who have a desire to practice and compete. No equipment is necessary. Athletes must qualify for wheelchair basketball by having a specific disability.

<b>Ages:</b>	12 - 21
<b>Registration:</b>	Required
<b>Fee:</b>	FREE
<b>Program Dates:</b>	Sept 5 - Dec 19
<b>Times:</b>	6:00 pm - 9:00 pm, T
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(832) 395-7333

### Adolescent Bariatric Surgery Program Support Group

The support group is hosted monthly for adolescents and their family by Texas Children's Hospital Staff in partnership with HPARD's Adaptive Recreation Staff.

Meetings are held at the Metropolitan Multi-Service Center.

This is a specialized program designed to enhance the overall fitness level and functional capacity of each bariatric patient. Focus will be on lifetime fitness activities and exercise.

<b>Date:</b>	2nd T Of Every Month
<b>Time:</b>	5:00 pm - 7:00 pm
<b>Fee:</b>	FREE
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(832) 822-0615 Kari Turybury MS, RD, LD Case Manager Bariatric Surgery Program Texas Children's Hospital

### Theatre Under the Stars The River Performing & Visual Arts Center

The River is a non-profit 501(c)(3) organization whose mission is to provide an accessible, affordable, fine arts education for special children, ages 2-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available.

For more information contact Theatre Under the Stars The River Performing and Visual Arts Center.

<b>Ages:</b>	2 - 19
<b>Information:</b>	(713) 520-1220

### Houston Deaf Seniors of Texas

This lively group of adults meets for coffee, socializing, games and informative presentations about services available for Houston area people who are deaf or hard of hearing. The group meets twice a month, usually the 2nd and 4th Wednesday of the month.

<b>Ages:</b>	55 - up
<b>Date:</b>	2nd W of the Month May - Aug
<b>Time:</b>	9:00 am - 12:00 pm
<b>Location:</b>	Metropolitan Multi-Service Ctr MMSC, 1475 W. Gray
<b>Information:</b>	(281) 656-2576 Nancy Morris

### Houston Area Parkinson Society

The Houston Area Parkinson Society's mission is to improve the quality of life for those affected by Parkinson's disease through services, education and advocacy. The Houston Area Parkinson Society provides numerous programs and services for the Parkinson's community. Each week HAPS provides 34 free physical, occupational, speech, water, Tai Chi and other therapy groups. Free support groups are available for individuals with Parkinson's and caregivers to share their experiences in a warm, friendly environment. In addition, HAPS offers free transportation services to and from HAPS therapy sites and physician visits. Respite, social services and educational programs are also available.

For more information contact the Houston Area Parkinson Society (713) 313-1652.

<b>Activity:</b>	Tai Chi and Exercise for Adults with Parkinson
<b>Information:</b>	(713) 313-1652 www.hapsonline.org

### The Arc of Greater Houston

The Arc of Greater Houston is a non-profit organization formed nationally in 1950 to advocate for the inclusion of people with mental retardation and other developmental disabilities in all aspects of society and is established at the national, state and local levels.

The Arc of Greater Houston works in collaboration with other agencies and organizations to facilitate the development of a wide array of options available to individuals and their families in the community.

For more information contact the Arc of Greater Houston at (713) 957-1600.

<b>Activity:</b>	Monthly Dance/Social For Adults With Intellectual and Developmental Disabilities
<b>Information:</b>	(713) 957-1600 www.aogh.org



# WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water spraygrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water spraygrounds have distinct advantages over swimming pools in that they are cost-effective, low maintenance, and operate year-round. Water spraygrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three-minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists, and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.



Shady Lane Park

## **Aron Ledet Park (H.E.B.) 6500 Antoine**

The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

## **Blueridge Park (H.E.B.) 5600 Court Road**

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

## **Burnett Bayland Park 6200 Chimney Rock**

This water sprayground has a multi-colored rubber surface, spray and ground features, including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.

## **Cullen Park (H.E.B.) 19008 Saums Road**

The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geysers, and spray fixtures. It is within easy viewing of the picnic pavilion.

## **Dodson Lake Park (H.E.B.) 9010 Dodson**

This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

## **Edgewood Park (H.E.B.) 5803 Bellfort**

This H-E-B water sprayground has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

## **Ervan Chew Park 4502 Dunlavy**

Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, baseball fields, and the dog park.

## **Guadalupe Plaza Park 2301 Runnels**

Opened in July 2016, the large, rectangularly-shaped sprayground has 63 jets in a paved setting that is flanked on two sides by concrete seating walls.

## **Gutierrez Park (H.E.B.) 7900 Flaxman**

This water sprayground features a large plaza with multiple ground sprays. The square is surfaced with colored concrete and features a seat wall along one edge.

## **Hackberry Park 7777 Dairy Ashford**

This 11,200-sq. foot sprayground's brightly-colored areas equipped with turtles and lily pads that squirt and spray water and mist, as well as in-ground geysers.

## **Herman Brown Park 400 Mercury Drive**

The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

## **Hermann Park 6100 Fannin**

The water playground at Hermann Park features two large palm trees and a spiral that provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

## **Hidalgo Park (H.E.B.) 7000 Avenue Q**

The 1,200-sq. foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

## **Jaycee Park (H.E.B.) 1300 Seamist**

The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.



**Lansdale Park 8201 Roos 77036**

The sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

**Marian Park 11000 S. Gessner**

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

**Melrose Park 12200 Melrose Park Road**

The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus, and an arch.

**Montie Beach Park (H.E.B.) 915 Northwood**

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

**Nieto Park 500 Port**

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

**Park at Palm Center 5400 Griggs Road**

The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park and adds a wonderful recreational element to the neighborhood.

**Settegast Park 3000 Garrow**

Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

**Shady Lane Park 10100 Shady Lane**

The water sprayground at Shady Lane Park opened on Oct. 10, 2013, during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program. It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features is an alligator head peeking above the blue concrete surface that will delight children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.

**Stuebner - Airline Park 9201 Veterans Memorial**

The sprayground at Stuebner-Airline Park is approximately 1,900 sq. feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.

**Tony Marron Park (H.E.B.) 808 N. York**

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People organization.

**Wiley Park 1414 Gillette**

The James Wiley Water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets, and an in-ground spray fountain.



# LAKE HOUSTON WILDERNESS

25840 FM 1485, NEW CANEY, TX 77357 | 832-395-7690

*Gateway  
to Nature*



Rent a fully furnished lakeside cabin  
for your next family camping trip!

Reservation, prices & information: 832-395-7690 | [www.houstonparks.org](http://www.houstonparks.org)



houston  
**PARKS**  
& recreation  
department  
[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency



# LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off Hwy-59. Lake Houston Wilderness Park is the only park in the department’s inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages, including camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing, and horseback riding (visitors must bring their bikes, fishing equipment, watercraft, and horses). Most of the park is heavily forested with beautiful trails that provide a perfect setting for photography, nature study, bird watching, and relaxing.

Joe Turner Nature Center is located within the park and is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Visit the Wetlands Ecosystem Room featuring live fish and turtles; the Arthropod/Bug Room, which features spiders and mounted insects of all types including moths, butterflies, beetles, and more; the Reptile and Amphibians Room, containing live specimens of both venomous and non-venomous snakes as well as several lizards and amphibians; the Nature Center classroom; and, Eye on the Wilderness, an exciting display of local flora and fauna with lighting and sound effects. The Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist at 281-354-0173 or [lauren.hollenbeck@houstontx.gov](mailto:lauren.hollenbeck@houstontx.gov) for more information.

Program Dates:	Year-Round
Location:	25840 FM 1485 New Caney, Texas 77357
Fees - Listed rental prices DO NOT include tax and deposits are required with some reservations. There may be a two night minimum for reserving buildings during weekends. Payment is due at the time of reservation.	
Gate House Hours:	7:00 am – 6:00 pm, Sun. – Th. 7:00 am – 8:00 pm, Fri. – Sat.
Information/ Reservations:	(832) 395-7690 <a href="http://www.houstonparks.org">www.houstonparks.org</a>
Fees	\$125/ night * \$35 / night
Park Entry Fee – Per Person Ages 13 – 64	\$3.00
Lakeside Cabins – Occupancy up to 6	\$125/night*
A-Frames - Occupancy Up to 6	\$35/night
Screen Shelters, Occupancy Up to 6	\$25/night
Group Campsites, Occupancy Up to 50	\$40/night
Walk-in Campsites, Occupancy Up to 8	\$7/night
Backpacking Campsites, Occupancy Up to 8	\$7/night
Lazy Creek Lodge	\$150/night*

### Lake Houston Wilderness Park Archery Range

The Lake Houston Wilderness Park Archery Range is a practice range and has an additional \$3.00 fee for use. Park entry fees and archery range fees should be paid at the park entrance. Once paid, archers receive a ticket to turn into the range boss at the Archery Range.

Crossbows and broadheads are not permitted. Young people under 13\* may use HPARD equipment or their own. An adult must accompany all participants under 18. Archery Range reservations are not required.

Hours:	3:00 pm - 6:00 pm, Thurs. 9:00 am - 2:00 pm, Sat. 1:00 pm - 5:00 pm, Sun.
Fee:	\$3.00 park entry \$3.00 Archry Range
NOTE: * No park admission fee for children ages 1-13.	





# JOE TURNER NATURE CENTER PROGRAMS

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation!

<b>Naturalist</b>	Lauren Hollenbeck
<b>Hours:</b>	9:00 am - 4:00 pm, Wednesday- Sunday Closed Monday - Tuesday
Program and day camp information/reservations, field trips, and presentations for school groups and other interested parties: (281) 354-0173 or <a href="mailto:Lauren.Hollenbeck@houston.tx.gov">Lauren.Hollenbeck@houston.tx.gov</a>	

## Programs Offered at the Nature Center Include:

Here are just some of our upcoming scheduled programs! Call the Nature Center, check the online calendar, or look at the Nature Center events board to see what is going on this weekend! We always have a scavenger hunt available as a self-guided activity.

### Every Sunday - 10:00 am - 11:00 am | *Nature Hike*

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 10:00 am sharp! Meet us at the Nature Center and we'll take you down one of our best trails while showing you what this park offers.

### Sunday Activities - 2:00 pm - 3:00pm

Every Sunday afternoon, we'll have a different activity planned to get you and your family involved. From birds to archery, to everything in between, come join us! Events will be planned a month ahead of time and will be posted at the Nature Center.

## Saturday January Programs: *Winter Wildlife*

Every Saturday in January

### 10:00am - 11:00 am | *Winter Wildlife*

This January, we will focus in on Winter Wildlife. In particular, adaptations and how certain animals live through the season. You will get to explore different subjects each week, including fur, food storage, who sticks around for the winter, and who leaves.

### January 4 - 2:00 pm - 3:00 pm | *Savvy Squirrels*

The ultimate doomsday preppers. Squirrels have a fascinating way of surviving the winter with different adaptations to help with food storage like brain growth and even examining acorn nutrition.

### January 11 - 2:00 pm - 3:00 pm | *Sleeping for Days: Hibernation & Brumation*

When the cold comes in, animals move a little slower, and metabolisms start to slow as well. Details on this subject can be a bit confusing, come find out how this natural phenomenon works

### January 18 - 2:00 pm - 3:00 pm | *Migration Mania*

Migration is not just for birds. We will dive into why, who, and how animals migrate through the Pineywoods and beyond.

### January 25 - 2:00 pm - 3:00 pm | *Fun Fur Facts*

One characteristic of mammals is hair, also known as fur. It is closely related to snake scales, fingernails, and feathers. Find out why and how this adaptation helps mammals survive the winter.







**Saturday February Programs:**  
***Spineless Creatures: Invertebrates***  
 Every Saturday in February

**10:00 am – 11:00 am | *Spineless Creatures: Invertebrates***

From beneath the ground to high in the sky. From in between rocks to in between branches. Invertebrates are everywhere, and all have one thing in common. Can you guess? Come and find out.

**February 1 - 2:00 pm – 3:00 pm | *Incredible Insects***

Did you know? The weight of all the ants in the world weighs as much as the human population combined. Learn more facts and interesting information about the largest class of invertebrates in the world.

**February 8 - 2:00 pm – 3:00 pm | *Freshwater Ecology***

Be an Ecologist and help the Park Naturalist team find out if our water is healthy and happy by collecting water samples and identifying local invertebrates.

**February 15 - 2:00 pm – 3:00 pm | *Basic Fishing***

We will teach you about tackle, tying knots, casting, the importance of fishing regulations, and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry, you can use ours.

**February 22 - 2:00 pm – 3:00 pm | *Spectacular Spiders***

Did you know spiders shed their skin? Or better yet their EXO-skeleton. Come learn about our eight-legged friends and their full-time job as a pest exterminator.

**February 29 - 2:00 pm – 3:00 pm | *Nature's Recyclers***

Decomposers are vital to our eco-system; they help break down dead plants and animals. Can you imagine a world without them?

**Saturday March Programs:**  
***Spring in the Pineywoods***  
 Every Saturday in March

**10:00 am – 11:00 am | *Spring in the Pineywoods***

Even though here in South Texas we don't really have true seasons, the wildlife still depends on the small seasonal triggers that we do have. Animals come out of hibernation, wildflowers bloom, and reproduction begins. Each week we will be springing into new topics ranging from pollinators to edible plants.

**March 7 - 2:00 pm – 3:00 pm | *Wildflowers and Pollinators***

Save the bees, bats, and beetles! Pollinators are important, and there are more kinds than you think. Plant a wildflower, save a pollinator. Learn about planting native flowers and attracting more pollinators to your backyard.

**March 14 - 2:00 pm – 3:00 pm | *Fantastic Frogs***

Frogs are well known for their distinctive sounds. We are going to test your knowledge of local species and learn about these fascinating animals along the way.

**March 21 - 2:00 pm – 3:00 pm | *National Forest Day Hike***

Help us celebrate National Forest Day by joining us on an appreciation hike while learning about the local flora and fauna and history of our park.

**March 28 - 2:00 pm – 3:00 pm | *Edible Plant Hike***

Knowing the local wild and edible plants can be a fun skill to learn for any hiker. Join us for a short presentation and a foraging hike to identify edible and medicinal plants.



## Saturday April Programs: *Remarkable Reptiles* Every Saturday in April

### 10:00 am - 11:00 am | *Remarkable Reptiles*

Some of the oldest animals to walk the earth. Learn about these living dinosaurs like lizards, snakes, turtles, and alligators.

### April 4 - 2:00 pm - 3:00 pm | *Snake Soiree*

This program is for basic hikers, homeowners, and snake-lovers. Learn how to identify local snakes by characteristics and what makes them venomous or not.

### April 11 - 2:00 pm - 3:00 pm | *Tremendous Turtles*

Come learn how to identify turtles and why it is important to leave them in their habitat. There are more to turtles than you think!

### April 18 - 2:00 pm - 3:00 pm | *Alligator Safety*

Alligators are very powerful animals, and they can be unsettling when encountered. Become more familiar with these amazing creatures and what to do when you find yourself face to face with one.

### April 25 - 2:00 pm - 3:00 pm | *Snake Safety*

The only good snake is a live snake. Snakes can be dangerous to humans. Learn how and what to do when you find yourself near one.



## Saturday May Programs: *Birding for Beginners* Every Saturday in May

### 10:00 am - 11:00 am | *Birding for Beginners*

Birds are beautiful and quick. Learning defining features and common bird calls can help you better identify birds in your backyard before they disappear.

### May 2 - 2:00 pm - 3:00 pm | *Common Summer Birds*

During the summer months, we have the opportunity to see many bird species. Develop recognition skills of common migrating birds that are in your backyard for a pit stop and join us on a hike to improve your birding skills.

### May 9 - 2:00 pm - 3:00 pm | *Migratory Bird Day*

**HAPPY NATIONAL MIGRATORY BIRD DAY!** An estimated 98.5% of migrating birds are making their way thousands of miles to their breeding grounds and many stop in Houston for refueling. Come help us celebrate and learn about how these magnificent creatures fly such long distances.

### May 16 - All Day | *Bird Bingo*

Stop by the Joe Turner Nature Center for a bingo sheet and try to find as many as you can on the trails.

### May 23 - 2:00 pm - 3:00 pm | *Birds of Prey*

They have sharpened beaks, razor-like talons, and an appetite to match. Join us as we explore the adaptations that make these birds excellent hunters and become familiar with our local raptors.

### May 30 - 2:00 pm - 3:00 pm | *All about Owls*

These skilled nocturnal hunters help keep the ecosystem in balance like the barn owl hoot eats over 1,000 mice each year. Find out who's who in the Pineywoods and dissect your own owl pellet to find out what else they eat.





# HOUSTON SOCCER FOR SUCCESS

Houston Soccer for Success is the U.S. Soccer Foundation's free afterschool program that provides children in urban, underserved communities with structured physical activity, nutrition education and mentorship, at no cost to their families. To Register for the Spring Season, please call 832-395-7576 or visit us at Milby Park:

2001 Central St, Houston, Texas 77017.

For additional information click the link below.

<http://www.houstontx.gov/parks/youthsports.html#soccer>

Spring 2020 Dates: 2/24/20 through 5/22/20 (12-week season)

School Sites Hours: 3:00 pm-6:00 pm on weekdays (two practice days) / 9:00 am-1:00 pm Saturdays (Game day)

Park sites hours: 6:00 pm-9:00 pm on weekdays (two practice days) / 9:00 am-1:00 pm Saturdays (Game day)

## SPRING 2020 SFS SITES

Park Place Elementary
Janowski Elementary
Townwood Park
Eastwood Park
Kipps Elementary
Pugh Elementary
Johnson Elementary
Marshall Middle School
Beverly Hills Park
Milby Park
Ingrando Park
Moody Park
Burnett Bayland Park
Burbank Elementary
Burbank Middle School
Clemente Martinez Elementary

*Soccer for Success* is the U.S. Soccer Foundation's nationally-recognized free afterschool program that uses soccer as a tool to address children's health issues and juvenile delinquency, while promoting healthy lifestyles in urban underserved communities.



# TENNIS CENTERS

HPARD operates three centers, each complete with a pro shop as well as locker facilities that are available for a nominal fee. Schedule lessons with center staff. ***Tournaments, leagues, corporate outings services and other events can be scheduled by calling any of the centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.***

***PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.***

## Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

<b>Program Dates:</b>	Year-round
<b>Time:</b>	6:00 am - 9:00 pm, M-F 7:00 am - 6:00 pm, Sat - Sun
<b>Location:</b>	Memorial Park (KM 492F) 1500 Memorial Loop Drive, 77007
<b>Information:</b>	(832) 395-7556

### Fees

Weekday Reserved: Before 6:00 pm M - F	\$ 4.00
Evening and Weekend Reserved :	\$ 6.00
Tournaments and Leagues :	\$ 7.00



## Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus two practice walls. Fees listed are per court for 1½ hours of use.

<b>Program Dates:</b>	Year-round
<b>Time:</b>	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
<b>Location:</b>	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
<b>Information:</b>	(713) 272-3697

### Fees

Weekday Reserved: Before 6:00 pm M - F	\$ 4.00
Evening and Weekend Reserved:	\$ 6.00
Tournaments and Leagues:	\$ 7.00

## Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

<b>Program Dates:</b>	Year-round
<b>Time:</b>	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
<b>Location:</b>	MacGregor Park (KM 534E) 5225 Calhoun, 77021
<b>Information:</b>	(713) 842-3460

### Fees

Weekday Reserved: Before 6:00 pm M - F	\$ 3.00
Evening and Weekend Reserved:	\$ 5.00
Tournaments and Leagues:	\$ 6.00

# NEIGHBORHOOD TENNIS COURTS

HPARD’s neighborhood tennis courts are open to the public on a first-come, first-served basis, and no fee is required. Play is limited to one hour when others are waiting. No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department. Tennis courts are for tennis use only.

PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briarmeadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Emancipation (KM 493U)	3018 Emancipation Ave, 77004	2	Yes	1
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Greshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1

PARK	LOCATION	NO.	LIGHTS	WALL
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	



# HOUSTON'S BEST GOLF VALUE



houston  
**PARKS**  
& recreation  
department  
[www.houstonparks.org](http://www.houstonparks.org)

A CAPRA Accredited Agency



Sharpstown Park Golf Course  
6600 Harbor Town  
(713) 988-2099



Gus Wortham Park Golf Course  
7000 Capitol  
(713) 928-4260



Hermann Park Golf Course  
8201 John Ralston Road  
(281) 458-1350



Memorial Park Golf Course  
1001 East Memorial Loop Drive  
(713) 862-4033

# GOLF COURSES

The Houston Parks and Recreation Department provides challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced and Gus Wortham Park courses, there is something for every golfer. Memorial, Hermann, and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. All courses have driving ranges, practice putting, and chipping greens. Pro shops and dining facilities are available at all courses. All courses are non-metal-spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday, and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to [www.houstonparks.org](http://www.houstonparks.org) and access the tee time reservation system. This innovative tee time system includes Memorial and Sharpstown. For tee times at other courses call the pro shop. For information on all the courses, visit [www.houstonparks.org](http://www.houstonparks.org). Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change. Extra fee applies for use of electric golf car.)



## Memorial Park Golf Course

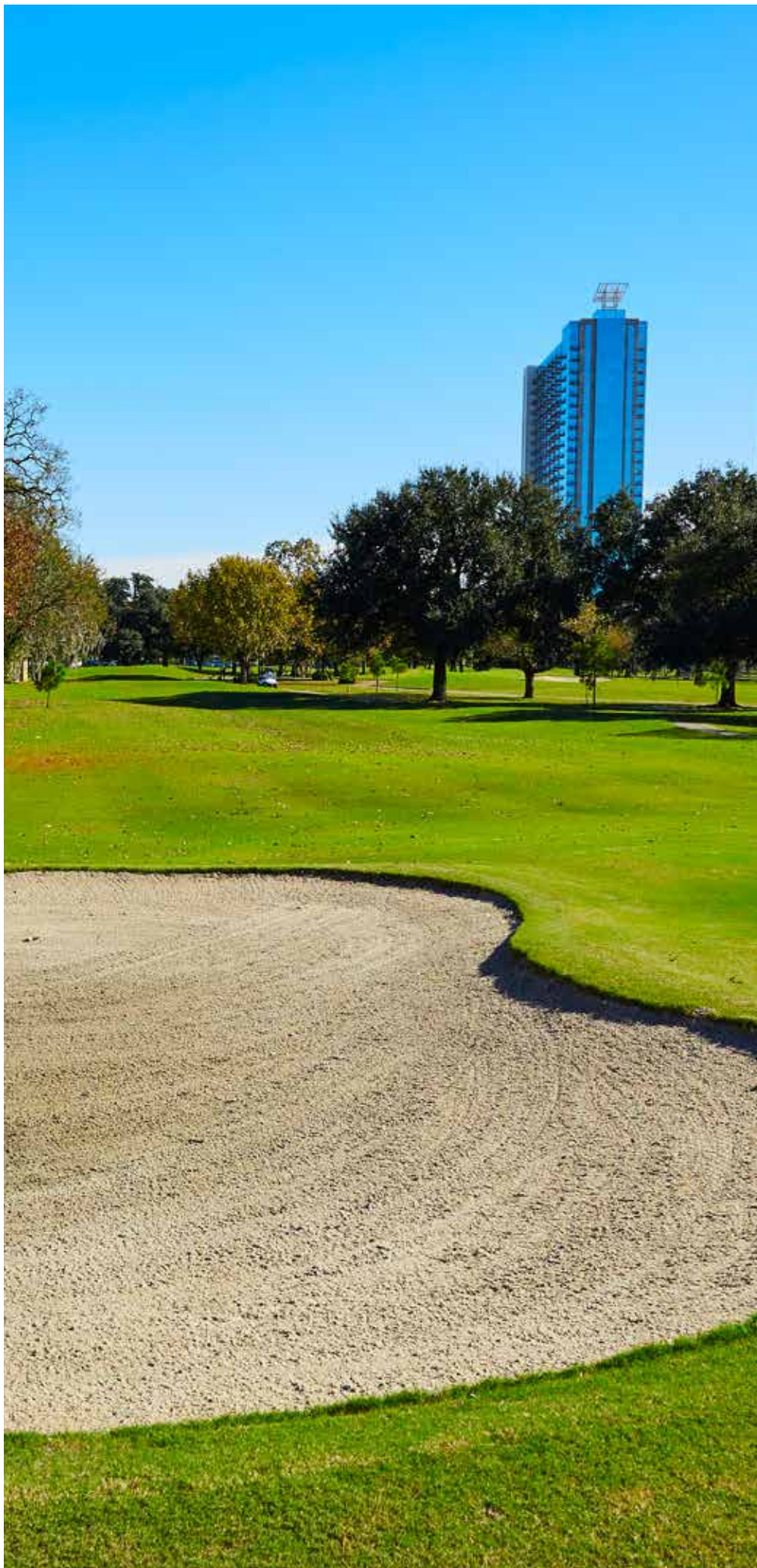
After a 10 month, 18.5 million-dollar, first phase of renovation, funded by the Astro's Golf Foundation, the City of Houston's flagship course is open for play, and scheduled to host the Houston Open in the fall of 2020! The remodeled golf course is now only the second PGA-certified, municipally owned golf course in the country. Improvements to the course were designed by world renowned golf course architect Tom Doak, and Major Champion Brooks Koepka, served as PGA Tour consultant on the project. Phase one produced a layout worthy of hosting a major championship, with emphasis on providing enhanced features and enjoyment for golfers of every skill level as well. In addition to the opportunity of playing a world class layout, golfers will enjoy the resurfaced Mini-Verde greens, and expanded practice facilities including a 2-tier, 84 station, double decker driving range. Phase one also produced a newly constructed/relocated maintenance facility, and the implementation of a state-of-the-art storm water retention-based irrigation system capable of capturing 80-million gallons of rain water. Phase two of the project is scheduled to begin in December and will not require further course closure. This final phase of the renovation process incorporates plans for an expanded clubhouse and junior golf training facilities. The goal is to complete all construction before hosting the Houston Open next fall.

*"As a city, we are hugely grateful for the generosity of Jim Crane, his wife and the Astros Golf Foundation for all that they've done and continue to do for the funding of this renovation," Mayor Sylvester Turner*

Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm
Fees	
Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00





### Hermann Park Golf Course



Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course is located at the corner of Almeda and North MacGregor, and from there, you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes. You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop, and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Visit [www.hermannparkgc.com](http://www.hermannparkgc.com) for more information on fees and to reserve a tee time.

<b>Location:</b>	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
<b>Information:</b>	(713) 526-0077
<b>Yardage / Par:</b>	6014 / 70
<b>Fees &amp; tee time reservations:</b>	<a href="http://www.hermannparkgc.com">www.hermannparkgc.com</a>

### Sharpstown Park Golf Course



Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions while offering some of the lowest fees in the Gulf Coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just one block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage, and resurfaced greens with high-quality miniverde ultra-dwarf Bermuda. The 18 hole, par 70 course has four sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player. Sharpstown's amenities include a driving cage for practice or warming up, two putting greens, a chipping green, full-service pro shop, cafe, and beverage cart, and golf professionals who are available for lessons. Tee times are available online at [www.houstonparks.org](http://www.houstonparks.org). Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

<b>Location:</b>	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
<b>Information:</b>	(713) 988-2099
<b>Yardage / Par:</b>	6600 / 70
<b>Hours:</b>	Dawn - Dusk

#### Fees

<b>Junior (Mon - Thur Only):</b>	\$ 8.00
<b>Senior/Disabled (Mon - Thur):</b>	\$13.00
<b>Mon. - Thur.:</b>	\$18.00
<b>Fri. - Sun. &amp; Holidays:</b>	\$26.00
<b>Mon. - Thur. Twilight:</b>	\$15.00
<b>Mon. - Thur. Twilight 2:</b>	\$13.00
<b>Fri. - Sun Holiday Twilight:</b>	\$20.00
<b>Fri. - Sun Holiday Twilight 2:</b>	\$16.00







# PARK & GREENSPACE ADOPTION

HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. If you're with a group or business interested in active community involvement, we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from: Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail, and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain greenspaces that we're all proud of!

**Contact:** Marilu De La Fuente

**Information:** (832) 395-7029 | [marilu.delafuente@houstontx.gov](mailto:marilu.delafuente@houstontx.gov)



## **Adopt-A-PARK**

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement minimum of 2 years.

## **Adopt-A-SPORTS FIELD**

This HPARD adoption program welcomes organizations that wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only. The term is for six months, Jan.-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

## **Adopt-A-Dog Park**

This HPARD Adopt-A-Dog Park program welcomes organizations, homeowners associations, civic groups, or businesses interested in providing long-term support for the maintenance and aesthetic quality of a dog park. Term of agreement minimum two years.

## **Adopt-An-ESPLANADE**

This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians. The term is perpetual, provided adopter maintains esplanades/medians free of trash, mowed, and edged.

## **Adopt-A-TRAIL**

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a two-year minimum.

## **Adopt-A-LIBRARY GREEN SPACE**

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term of agreement minimum of two years.



RECREATION AND WELLNESS VOLUNTEER PROGRAMS

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, and develop personal and professional skills while giving back to your community.

Teen Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant, and Receptionist. No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages:	14 - 17
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs.
Information:	(832) 395-7280 (832) 395-7131

Athletic Team Volunteer

Athletic Team Volunteers serve as coaches or assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program). All applicants must pass a background check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages:	18 - older
Information:	(832) 395-7261 (832) 395-7275

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events, and providing input regarding the community's programming needs. All applicants must pass a background check before being accepted as a volunteer.

Ages:	18 - older
Location:	All HPARD Community Ctrs.
Information:	(832) 395- 7294

Adult Volunteer Program

Volunteer opportunities include Afterschool and Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips, and Receptionist duties. No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering. All applicants must pass a background check before being accepted as a volunteer.

Ages:	18 - older
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs.
Information:	(832) 395-7280 (832) 395-7131









# PERMITS AND RESERVATIONS

Houston Parks and Recreation Department (HPARD) has many different outdoor area spaces available to reserve. No matter the event you desire to plan, there may be a venue or space at one of our parks that will accommodate your needs. When planning your event, it is very important for you to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

Most areas within the park may be reserved for personal use or private events, by obtaining a permit through HPARD's Permit and Reservation's section for a nominal fee (some areas may also require a refundable deposit and or additional permits). Areas available to reserve may include open area spaces, pavilions, sports fields, etc.

Professional photography/filming permits may also be obtained through the Permits and Reservations Office.

Reservations and payments are made online at <https://apm.activecommunities.com/houstonparks>. For additional information about park reservations, visit <http://www.houstontx.gov/parks/permits.html>.

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0868.

Office Hours:	8:00 am - 4:00 pm, M-F
Permits and Reservations Office:	(832) 394-8804 (832) 394-8805
Rain-out Line:	(832) 395-7004
Fax Line:	(832) 395-9633

Online Reservations:  
<https://apm.activecommunities.com/houstonparks>









# DOG PARKS

The Houston Parks and Recreation Department welcomes you and your dog to enjoy the vast amount of park space in the Bayou City. However, you are required to have your dog on a leash at all times. Our leash law is one of the tools that permit dogs and dog owners to visit a park without creating safety concerns, disturbing natural resources, or diminishing a park visit for those who are not comfortable around dogs. We know that most dogs love to run free, and most dog owners would like to provide their pets the opportunity to do so.

Please remember that dogs are not allowed, even with a leash, in children's play areas or on organized athletic fields.

The department does provide a variety of off-leash dog parks for you and your dog to enjoy. Please remember to follow the Dog Park Rules while enjoying these facilities. For a complete list of dog park rules and regulations visit <http://www.houstontx.gov/parks/pdfs/DogParkRules.pdf>.

## **Johnny Steele Dog Park** **2929 Allen Parkway**

The two-acre Johnny Steele Dog Park opened in Buffalo Bayou Park on January 17, 2015. One of the area's largest dog parks, it is named for Houston landscape architect Johnny Steele. It was built as part of a \$58 million renovation of Buffalo Bayou Park by the Buffalo Bayou Partnership. The Buffalo Bayou Partnership manages Buffalo Bayou Park and the Johnny Steele Dog Park for the Houston Parks and Recreation Department.

## **Elizabeth Glover** **3104 Austin St.**

The city acquired the park in 2008, and the dog park opened in 2014. The park contains a dog run, a deck, a perimeter fence lawn area, a decomposed granite walkway, seating, signage, historical panels, landscaping, and irrigation. The Midtown TIRZ management district maintains Elizabeth Glover Dog Park for the Houston Parks and Recreation Department.

## **Ervan Chew** **4502 Dunlavy**

Ervan Chew was the first neighborhood park in Houston to allow dogs to run free, off-leash in a designated dog zone legally. The dog zone, located adjacent to the picnic area and sprayground, is a fenced-in space, approximately 9,000-sq. foot, and is designed to allow dogs to exercise freely. The Friends of Ervan Chew Park, a neighborhood organization, provided funding for the dog zone. Ervan Chew was dedicated in May of 2004.

## **Levy Park** **3801 Eastside**

This park was acquired by the city in 1942 and was renovated in two phases by the Upper Kirby District and Intown Chamber of Commerce. The most recent renovation was finished in 2006 and included a designated dog run. The new dog park is near the updated play equipment and the softball field. Being surrounded by dog-filled apartment complexes, Levy Park should be a popular destination for the area's canines and their humans. Levy Park and its dog park are managed by the Levy Park Conservancy, an affiliate of the Upper Kirby District Foundation for the Houston Parks and Recreation Department.



## **Holly Anawaty Dog Park** **301 Milam**

This park has two dog-runs, one for small dogs and one for large dogs. They are enclosed by a beautifully designed and lit crescent walkway so everyone can enjoy watching their four-legged friends frolic. Water features are in both sections of the dog park, as are benches and canine drinking fountains. The Market Square Park dog runs were officially dedicated on May 21, 2011, in memory of Houstonian, Holly Anawaty. The Houston Downtown Management District manages Market Square Park and the Holly Anawaty Dog Park for the Houston Parks and Recreation Department.

## **Maxey Park** **601 Maxey Road**

Maxey Park Bark and Run Park was the second official dog park in the Houston Parks and Recreation system. Dedicated in September of 2004, this 12 to 13 acres dog park features separate fenced-in spaces for large and small dogs to exercise off-leash. Amenities include doggie drinking fountains, a doggie shower, a waste disposal station, and benches. The park was funded in part by the Parks Department and revenue generated from the 2003 City of Houston Birthday Celebration.

## **Tanglewood Park** **5801 Woodway**

This park was built through contributions from individuals and foundations and is part of a more extensive park renovation that includes a new .2-mile concrete walkway and a beautiful gazebo, which was paid for through \$23,524.75 in city funds and opened on February 14, 2010.

## **T.C. Jester Park** **4201 West T.C. Jester Blvd.**

The T.C. Jester Dog Park is a 1.08 acre park with a 31,000-sq. foot run for big dogs and a 16,000-sq. foot run for small dogs. It opened to the public in August 2009. There are benches and dog drinking fountains in both sections.

## **West Webster Park** **1502 West Webster**

West Webster Dog Park was renovated in 2009. It includes a 5,000-sq. foot dog run. Amenities for dogs and their people at West Webster Park include a drinking fountain and dog wash area. The Fourth Ward Redevelopment Authority, TIRZ 4 funded the renovation project.







# GARDENS

## McGovern Centennial Gardens and Cherie Flores Garden Pavilion

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world-renowned architect Peter Bohlin of Bohlin Cywinski Jackson, the dramatic entryway provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount provides a scenic view of the area's beauty.

The garden's hours change seasonally. They stay open later during the summer months between Memorial Day and Labor Day and close earlier during the shorter winter months.

For more information on the Cherie Flores Garden Pavilion and on the McGovern Centennial Gardens, please visit The Hermann Park Conservancy at [www.hermannpark.org](http://www.hermannpark.org)

Location:	1500 Hermann Drive
	Houston, TX 77004
Information:	(713) 524-5876

## Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park, you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th-century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine to create a work of living art.

**THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.**  
**Professional Photographers are prohibited.**

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

For additional information and forms, please visit: [www.houstontx.gov/parks/permits.html](http://www.houstontx.gov/parks/permits.html)





# HPARD COMMUNITY CENTERS PHONE NUMBERS

## NORTHEAST

### Clark (KM 453B)

9718 Clark, 77076  
(713) 742-1497

### Clinton (KM 495U)

200 Mississippi, 77029  
(713) 673-0955

### Finnigan (KM 494H)

4900 Providence, 77020  
(713) 678-7385

### Hobart Taylor (KM 455Q)

8100 Kenton, 77028  
(832) 395-7621

### Judson Robinson, Sr (KM 495L)

1422 Ledwicke, 77029  
(713) 674-2401

### Kingwood (KM 297X)\*

4102 Rustic Woods Drive, 77345  
(281) 348-2570

### Lakewood (KM 455G)

8811 Feland, 77028  
(713) 636-8217

### Melrose (KM 413T)

1001 Canino, 77076  
(281) 447-0514

### Moody (KM 453Y)

3725 Fulton, 77009  
(832) 395-7645

### Selena Q. Perez (KM 494H)

6402 Market, 77020  
(832) 395-7640

### Shady Lane (KM 414W)

10220 Shady Lane,77093  
(713) 742-1503

### Swiney (KM 494J)

2812 Cline, 77020  
(713) 238-2197

### Tidwell (KM 454D)

9720 Spaulding, 77016  
(713) 636-8221

### Tuffly (KM 454X)

3200 Russell, 77026  
(713) 674-2355

## NORTHWEST

### Candlelight (KM 452E)

1520 Candlelight, 77018  
(713) 682-3587

### Fonde (KM 493K)

110 Sabine, 77007  
(713) 226-4466

### Freed (KM 451Y)

6818 Shady Villa, 77055  
(832) 395-7611

### Highland (KM 451D)

3316 DeSoto, 77091  
(713) 956-9137

### Independence Heights (KM 453N)

603 East 35th, 77022  
(713) 867-0373

### Judson Robinson, Jr. (KM 533B)

2020 Hermann Drive, 77004  
(832) 395-7626

### Kendall (KM 488C) **CLOSED**

609 North Eldridge, 77079  
(832) 393-1 897

### Lincoln (KM 412Q)

979 Grenshaw, 77088  
(281) 445-1617

### Love (KM 452Z)

1000 West 12th, 77008  
(713) 867-0497

### Milroy (KM 452Z)\*

1205 Yale, 77008  
(713) 867-0397

### Montie Beach (KM 453X)

915 Northwood, 77009  
(713) 864-6820

### Proctor Plaza (KM 453X)

803 West Temple, 77009  
(713) 862-6907

### R L and Cora Johnson (KM 450A)

9920 Porto Rico, 77041  
(713) 895-6141

### Stude (KM 493E)

1031 Stude, 77007  
(713) 867-0496

### Woodland (KM 493C)

212 Parkview, 77009  
(713) 867-0401

## SOUTHEAST

### Bessie Swindle (KM 573L)

11800 Scott, 77047  
(713) 733-4581

### Beverly Hills (KM 576S)

10201 Kingspoint, 77075  
(713) 948-9065

### Charlton (KM 535P)

8200 Park Place, 77017  
(713) 645-3589

### Crestmont (KM 574J)

5200 Selinsky, 77048  
(713) 733-2236

### DeZavala (KM 495S)

907 76th St., 77012  
(713) 923-5163

### Eastwood (KM 494T)

5020 Harrisburg, 77011  
(713) 928-4801

### Edgewood (KM 534X)

5803 Bellfort, 77033  
(713) 734-8434

### Garden Villas (KM 535W)

6720 S. Haywood, 77061  
(713) 847-5168

### Hartman (KM 535C)

9311 E. Ave P, 77012  
(713) 928-4803

### Ingrando (KM 535F)

7302 Keller, 77012  
(713) 643-4764

### MacGregor (KM 534E)\*

5225 Calhoun, 77021  
(713) 747-8650

### Mason (KM 535A)

541 South 75th, 77023  
(713) 928-7055

### Meadowcreek (KM 535A)

5333 Berry Creek, 77017  
(713) 946-9020

### Sagemont (KM 576Y)

11507 Hughes, 77089  
(281) 922-2343

### Settegast (KM 494N)

3000 Garrow, 77003  
(713) 238-2200

## SOUTHWEST

### Alief (KM 529E)

11903 Bellaire, 77072  
(281) 564-8130

### Almeda (KM 572Y)

14201 Almeda School Rd., 77047  
(713) 434-1909

### Burnett Bayland (KM 531B)\*

6200 Chimney Rock, 77081  
(713) 668-4516

### Cherryhurst (KM 492R)

1700 Missouri, 77006  
(713) 284-1992

### Emancipation (KM 493Y)

3018 Emancipation Ave, 77004  
(832) 395-7400

### Godwin (KM 531U)

5101 Rutherglen, 77096  
(713) 726-7114

### Hackberry (KM 528M)\*

7777 S. Dairy Ashford, 77072  
(832) 395-7616

### Lansdale (KM 530K)

8201 Roos, 77036  
(713) 272-3668

### Linkwood (KM 532P)

3699 Norris, 77025  
(713) 314-3107

### Marian (KM 530X)

11101 South Gessner, 77071  
(713) 773-7015

### Platou (KM 571B)

11655 Chimney Rock, 77053  
(713) 726-7107

### River Oaks (KM 492T)

3600 Locke Lane, 77027  
(713) 622-5998

### Sharpstown (KM 530F)

6600 Harbor Town, 77036  
(832) 395-7605

### Sunnyside (KM 533X)

3502 Bellfort, 77051  
(832) 395-7586

### Townwood (KM 572P)

3403 Simsbrook, 77045  
(832) 395-7565

### Windsor Village (KM 571P)

14441 Croquet, 77085  
(713) 726-7113

*\*Indicates site does NOT offer After School Enrichment Program*





RECREATION CENTER





houston  
**PARKS**  
& recreation  
department

Houston Parks and Recreation Department  
2999 South Wayside Drive



# HPARD PHONE NUMBERS

Frequently Called Numbers		
Houston Parks & Recreation Department	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1
HPARD Program / Administration Phone Numbers		
Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7296
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
After School Food Services Program		(713) 676-6832
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7275
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Brock Park	8201 John Ralston Road	(281) 458-1350
Golf – Glenbrook Park	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Managed by Houston Golf Association	7000 Capitol	(713) 928-4260
Golf – Hermann Park Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park	6600 Harbor Town	(713) 988-2099
Lake Houston Wilderness Park Reservations	25840 FM 1485 New Caney, TX 77357	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
McGovern Centennial Gardens & Cherie Flores Garden Pavilion	1500 Hermann Drive	(713) 524-5876 x 335
Mayor’s Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor’s Office of Special Events (Parade & St.Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 863-8403 x 1
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Memorial Park Running Trails Center	7575 N Picnic Lane	(713) 863-8403
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 395-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(832) 395-7556
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(832) 395-7561
Volunteer Programs	2999 South Wayside Drive	(832) 395-7280



# Houston Parks and Recreation Department BE A COMMUNITY GARDENER!



## **YOU ARE INVITED TO JOIN OUR GARDENS!** GARDEN BEDS ARE AVAILABLE AT PARTICIPATING HOUSTON PARKS & RECREATION DEPARTMENT COMMUNITY CENTERS

### **Why Community Garden?**

- Grow Healthy Produce to take home
- Meet Your Neighbors
- Great Exercise
- Learn More About Nature
- Beautify the Neighborhood
- Save Money

### **Features:**

- \* Your own bed to grow what you want
- \* Program cost: FREE!
- \* Includes:
  - Water
  - Raised Beds
  - Our Annual Gardening Event

Beds are assigned on a first come basis. To apply:

\*Visit our webpage at: <http://www.houstontx.gov/parks/urbangardenform.html>  
And fill out our online form



Or email:  
**[theurbangardener@houstontx.gov](mailto:theurbangardener@houstontx.gov)** | Call: 832-395-7120  
Or visit your participating Houston Parks & Recreation Department  
Community Center to join

